



INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO
DEGREE OF BACHELOR OF UNANI MEDICINE AND SURGERY
FIRST PROFESSIONAL BUMS (2019/2020) EXAMINATION
OCTOBER 2022

U.1.1.3 - AL UMOOR AL TABA'IYYA

Date:19.10.2022

Time: 2.45 – 5.15 pm

Index No

Answer all the questions

Part I - Structured Essay Questions

1.

1.1 Write down the main classification of *Mizaj al Asnan* according to Unani medicine?
(01 Mark)

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1.2 List out the eight types of *Mizaj e Mu'tadil Tibbi* according to Unani medicine.
(02 Marks)

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2.2 Mention four vital functions of *Taba'i Sauda* humour. Give the modern physiological view of the above said two functions (02 Marks)

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2.3 Give six physiological aspect features on the *Safravi Mizaj* individuals (02 Marks)

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2.4 List six main 'Guidelines of eating' according to Unani Medicine and their supportive modern explanation. (03 Marks)

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3.1 What is *Quwwa al Mudrika Zahira*. List the functions which responsible by this *Quwwa* (02 Marks)

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3.2 What is *Quwwa al Mudrika Batina*. List the functions which responsible by this *Quwwa* (02 Marks)

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3.3 What is *Quwwath e mufakkira* (02 Marks)

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3.4 How *Quwwa* produced in the human body (02 Marks)

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4.

4.1 What do you understand by the term *harakat wa sukoon al badan* according to Unani medicine (01 Mark)

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4.2 List out the five health benefits of *harakat wa sukoon al badan* according to Unani medicine. (1.5 Marks)

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4.3 According to Unani medicine "*harakat e badan* of an individual is having the relationship with their *mizaj*". Briefly describe the above account by giving suitable examples for each different individual. (04 Marks)

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4.4 List out five health benefits of a good night's sleep (1.5 Marks)

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5.1 What do you understand by the term "Nabz" according to Unani medicine? (01 Mark)

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5.2 List out the factors of *Adilla e Nabz*, those factors through which the condition of the body is known. (2.5 Marks)

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5.3 List out the various factors that can have an effect on the *Nabz* of a person. (2.5 Marks)

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5.4 Briefly describe the reasons for feeling a radial pulse. (02 Marks)

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Part II - Essay Questions

1.
 - 1.1 What do you understand the term *Tabi'at* in Unani Medicine? (03 Marks)
 - 1.2 Briefly describe the functions of *Tabiat* according Unani medicine. (04 Marks)
 - 1.3 Write a detailed account of the relationship between *Tabi'at* and the factors of *Umoor e Tabaiyya* like *Mizaj* and *Quwwa* according to Unani medicine. (07 Marks)
 - 1.4 Write a detailed account of the relationship between *Tabi'at* and the factors of *Asbab e Sittah Zarooriyya* according to Unani medicine. (06 Marks)

2. A 45-year-old female patient comes to you with the complaint of burning urination for 2 weeks. Other than this she has no any other diseases or discomfort. Further, she is not willing to take modern medicine for this condition. Recall *Sitt e Zarooriya* and help this patient to restore this condition.
 - 2.1 What kind of questions do you ask from this patient? (5 Marks)
 - 2.2 What is the advice that you can give to this patient? (4 Marks)
 - 2.3 You think that you need to analyze urine. Explain how to instruct patients in specimen collection (4 Marks)
 - 2.4 What is *Ajnaz e Adulla e bole*, explain briefly (7 Marks)

19.10.2022
