



INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO,
RAJAGIRIYA

DEGREE OF BACHELOR OF AYURVEDA MEDICINE AND SURGERY

SECOND PROFESSIONAL BAMS (2017/2018) EXAMINATION

OCTOBER – NOVEMBER 2022

A. 2.1.3 RASA SHASTRA - II

Date: 17.10.2022

Time: 9.45 am –12.15 pm

Index No:

Answer all questions

Part I – Structured Essay Questions

1.

1.1 What are the aims of Rasa Shastra

(01mark)

1.2 Write Rasaprasansha in Shloka with its meaning

(02 marks)

1.3 Explain why mercury is considered as the superior material in Rasa Shastra

(Write 2 facts)

(02 marks)

1.4 Write the author of following texts

(1.5 marks)

i) Rasa Rathna Samuchchaya-----

ii) Rasa Tharangani-----

iii) Ayurveda Prakasha-----

1.5 Write the different working areas of Rasa Shala

(1.5 marks)

2)

2.1 What is the difference between Parada Shodana and Parada Samskara

(01 mark)

2.2 Name Parada Samskara

(02 marks)

2.3 Describe two parada Samskara procedures mentioned in 2.2

(02 marks)

2.4 Write the difference between Kajjali and Rasa panka (01 mark)

2.5 Write an example for following each preparation (02 marks)

i) Nirgandha Sagni preparation -----

ii) Sagandha Sagni preparation-----

iii) Nirgandha Niragni preparation -----

iv) Sagandha Niragni preparation-----

3. A

3.1 Define the term Shodana (01 mark)

3.2 Write three (3) different Shodana methods with examples for each (1.5 marks)

3.3 Write 3 changes which can be obtained after Shodana process (1.5 marks)

B.

3.1 Define the term Puta and explain the difference between Lavaka Puta and Kapotha Puta
(02 marks)

3.2 “ Pravala pishti is better than Pravala Bashma” explain this statement by using the knowledge of Rasa Shastra
(02 marks)

4)

4.1 Write the Loha classification with two examples for each
(02 marks)

4.2 Name and describe the Thrivida loha paka
(1.5 marks)

4.3 What is Amruthiikarana

(1 mark)

4.4 Name all Loha marana methods

(1.5 marks)

4.5 Write the preparation method of Somanatha thamra bashma

(02 marks)

5) A plant named as X is considered as one of the most important plant in Ayurveda and Sri Lankan traditional medicine. It is named as Recreational drug and Vijaya is a Sanskrit synonym for Plant X.

5.1 Write the Sinhala name of Plant X with its botanical name

(01 mark)

5.2 Write another Sanskrit synonym for plant X with its meaning

(0.5 marks)

5.3 Name 03 usage parts of Plant X

(1.5 marks)

5.4 Write the Shodhana process of Plant X.

(03 marks)

5.5 Write 04 toxic effects of plant X, when it ingested as high dose.

(02 marks)

Part II – Essay Questions

1. Explain following statements by using the knowledge of Rasa Shastra (04 x 5=20 marks)

- 1.1 Kharapaka parpati not suitable for internal administration
- 1.2 Bitter gourd, Ash plantain not consume with Rasaushadies
- 1.3 Mudga rasa unable to keep for a long period
- 1.4 Drinking cool water is not advised with consuming Rasa parpati
- 1.5 Kampillaka prone to mixed with adulterants

2.

2.1 Describe different Kupipakwa rasayana

(08 marks)

2.2 Explain Rasa sindura preparation method with describing all the observations

(12 marks)

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