



INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO
DEGREE OF BACHELOR OF AYURVEDA MEDICINE AND SURGERY
FIRST PROFESSIONAL B.A.M.S. (2019/2020) EXAMINATION
OCTOBER - NOVEMBER 2022
A.1.1.3. MAULIKA SIDDHANTHA AND SAMHITHA

Date: 19.10.2022

Time: 2.45 p.m. - 5.15 p.m.

Answer all questions.

Index No

STRUCTURED ESSAY QUESTIONS

1.

I. Define Vāta doṣa with its meaning.

(1 Mark)

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.....

.....

.....

II. State the main site of Vāta doṣa.

(1 Mark)

.....

III. Complete the following Śloka with its meaning.

(2 Marks)

Kārśyakārṣnyoṣṇa

.....

(Aṣṭāṅga Hṛdaya Sūtra 11/5-6)

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.....

IV. List four Upakrama used to pacify Vāta doṣa.

(2 Marks)

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.....

V. Fill in the blanks in the following Stanza and highlight the relationship between the man and the world.

(2 Marks)

Visargādānayathā

.....tathā (Suśruta Sūtra 21/8)

.....

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.....

(Total Marks 1+1+2+2+2=08)

2.

I. Write a definition of Sātmya with its meaning.

(1 Mark)

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II. Give one example for 'Asātmya Indriyārtha Saṁyoga' related to the following 3 factors.

(3 Marks)

	Factor	Example
a)	Hīnayoga	
b)	Mītyāyoga	
c)	Atiyoga	

III. Explain 'Bāla Saṁskāra' in the below picture.

(2 Marks)



IV. Describe the treatment principle in 'Vṛddha Avasthā' comparing with other stages of age according to the following Stanza. (2 Marks)

Tatrōttarōttarāsu vayō'vashāsūttarōttarā bhēṣajamātrāviśeṣā bhavanti, ṛtē ca parihāṇēḥ;
tatrādyāpēkṣayā pratikurvīta (Suśruta Sūtra 35 / 30)

(Total Marks 1+3+2+2=08)

3.

I. What are the seasons when Pitta gets Caya and Prakopa?

(1 Mark)

	Stage	Seasons
a)	Caya	
b)	Prakopa	

II. Name four properties of Rakta dhātu.

(2 Marks)

.....

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.....

.....

III. Why Suśruta has considered 'blood' as a doṣa?

(1 Mark)

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.....

IV. Write two Bhūtās that help to identify the Rasa (taste).

(1 Mark)

.....

.....

V. Name three Sthāi Bhāva and Asthāi Bhāva of influencing factors of Prakṛti.

(3 Marks)

	Sthāi Bhāva	Asthāi Bhāva
a)		
b)		
c)		

(Total Marks 1+2+1+1+3=08)

4.

I. List two special conditions maintained in Vrunitāgāra (Ward for wounded) with regard to the following.

(3 Marks)

	Factor	Special conditions	
a)	Room conditions	i.	
		ii.	
b)	Bedding	i.	
		ii.	
c)	Helpers	i.	
		ii.	

II. State the meaning of following Śloka.

(2 Marks)

माधुर्यात् पिच्छिलत्वाच्च प्रक्लेदित्वात्तथैव च । आमाशये सम्भवति श्लेष्मा मधुरशीतलः ॥१३॥

mādhuryāt picchilatvācca praklēditvāttathaiva ca

āmāśayē sambhavati ślēṣmā madhuraśītalāḥ ॥13॥

(Suśruta Sūtra 21/13)

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III. Describe the following statement.

(1 Mark)

स तत्रस्थ एव स्वशक्त्या शेषाणां श्लेष्मस्थानानां शरीरस्य चोदककर्मणाऽनुग्रहं करोति;

sa tatrastha ēva svaśaktyā śēṣāṇāṁ ślēṣmasthānānāṁ śarīrasya cōdakakarmanā'nugrahaṁ karōti;

(Suśruta Sūtra 21/14)

.....

.....

.....

IV. Complete the following Stanza and write the meaning.

(2 Marks)

..... ārogyam mūlamuttamam||15||

..... ca |

(Caraka Sūtra 1/15-16)

.....

.....

.....

.....

.....

(Total Marks 3+2+1+2=08)

5.

I. Write the name of Caraka Saṁhitā Sūtrasthāna 9th Chapter and its meaning. (2 Marks)

.....

II. Give the meaning of the following Stanza. (2 Marks)

कारणं षोडशगुणं सिद्धौ पादचतुष्टयम् | विज्ञाता शासिता योक्ता प्रधानं भिषगत्र तु ||१०||

Kāraṇam ṣoḍaśa guṇam siddhau pādacatuṣṭayam | vijñātā śāsītā yōktā pradhānam bhiṣagatra tu ||

(Caraka Sūtra 9/10)

.....

III. What are the qualities of Prāṇābhisara Vaidya stated in Caraka Saṁhitā Sūtrasthāna 9/18 ?

(2 Marks)

.....

IV. Justify why 'Kārsya' is better than 'Staulya' based on the following reference. (2 Marks)

---- न हि स्थूलस्य भेषजम् ||३१|| बृहणं लङ्घनं वाऽलमतिमेदोग्निवातजित् ||३२||

----- na hi sthūlasya bhēṣajam ||31|| bṛmhaṇam laṅghanam vā'lamatimēdōgnivātajit ||32||

(Aṣṭāṅga Hṛdaya Sūtra 14 / 31-32)

.....

(Total Marks 2+2+2+2=08)

ESSAY QUESTIONS

1.
 - I. Give the definition of Śalya Tantra and explain it. (10 Marks)
 - II. Explain briefly the concept of Ojas in Āyurveda. (10 Marks)
2.
 - I. Discuss the importance of Dinacaryā vidhi according to Aṣṭāṅga Hṛdaya Samhitā. (10 Marks)
 - II. Describe the following Stanzas of Aṣṭāṅga Hṛdaya Samhitā, Sūtrasthāna 14. (10 Marks)

अथातो द्विविधोपक्रमणीयमध्यायं व्याख्यास्यामः । इति ह स्माहुरात्रेयादयो महर्षयः ॥2॥
 उपक्रम्यस्य हि द्वित्वाद्द्विधैवोपक्रमो मतः॥१॥ एकः सन्तर्पणस्तत्र द्वितीयश्चापतर्पणः ।१॥
 बृंहणो लङ्घनश्चेति तत्पर्यायावुदाहृतौ । बृंहणं यद्बृहत्वाय लङ्घनं लाघवाय यत् ॥२॥
 देहस्य ॥३॥----- भवतः प्रायो भौमापमितरच्च तो ।१॥
 स्नेहनं रूक्षणं कर्म स्वेदनं स्तम्भनं च यत् ॥३॥ भूतानां तदपि द्वैध्याद्द्वितयं नातिवर्तते ।४॥
 शोधनं शमनं चेति द्विधा तत्रापि लङ्घनम् ॥४॥
 यदीरयेद्वहिर्दोषान् पञ्चधा शोधनं च तत् । निरूहो वमनं कायशिरोरेकोऽस्रविस्रुतिः ॥५॥
 न शोधयति यद्दोषान् समान्नोदीरयत्यपि समीकरोति विषमान् शमनं तच्च सप्तधा ॥६॥
 पाचनं दीपनं क्षुत्तृड्व्यायामातपमारुताः॥७॥

Athātō dvividhōpakramaṇīyamadhyāyaṁ vyākhyāsyāmaḥ | iti ha smāhurātrēyādayō maharṣayaḥ ॥2॥
 Upakramyasya hi dvitvāddvidhaivōpakramō mataḥ |1| ēkaḥ santarpaṇastatra dvitīyaścāpatarpaṇaḥ ॥1॥
 bṛmhaṇō laṅghanaścēti tatparyāyāvudāhṛtau | bṛmhaṇaṁ yadbṛhatvāya laṅghanaṁ lāghavāya yat ॥2॥
 dēhasya ----॥3॥ --- bhavataḥ prāyō bhaumāpamitaracca tē ॥1॥
 snēhanaṁ rūkṣaṇaṁ karma svēdanaṁ stambhanaṁ ca yat ॥3॥ bhūtānāṁ tadapi dvaidhyāddvitayaṁ
 nātivartatē |4|
 śōdhanāṁ śamanaṁ cēti dvidhā tatrāpi laṅghanam ॥4॥
 Yadīrayēdvahirdōṣān pañcadhā śōdhanāṁ ca tat | Nirūhō vamaṇaṁ kāyaśirōrēkō'sravisrutīḥ ॥5॥
 Na śōdhayati yaddōṣān samānnōdīrayatyapi | Samīkarōti viṣamān śamanaṁ tacca saptadhā ॥6॥
 pācanaṁ dīpanaṁ kṣuttrḍvyāyāmātapamārutāḥ ॥7॥
