



INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO  
DEGREE OF BACHELOR OF AYURVEDA MEDICINE AND SURGERY

LEVEL IV FIRST SEMESTER EXAMINATION

JULY - 2022

KC 4103 KAYACHIKITSA - I

Date: 12.08.2022

Time: 01.45 pm – 04.15 pm

Index No

Answer all questions

**Part I - Structured Essay Questions**

(1). *Pandu Roga* can be considered as a *Nidanartakara roga* of *Kamala*.

1.1 Complete the stanza "*Pandu rogityotarham.....*" and explain its pathogenesis according to Acharya Charaka. (02 marks)

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1.2 Complete the following *Samprapti Ghataka* of *Pandu Roga*. (03 marks)

Dosha: .....

Srotas: .....

Udbhava Sthana:.....

Agni: .....

Vyakti Sthana: .....

Roga Marga: .....

1.3 Write a complete prescription for *Pandu roga* including essential drugs. (05 marks)

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(2). *Pakshaghata* is an “*Asadharana Vatavyadhi*” caused by vitiated *Vata* according to Acharya Madhavakara.

2.1 Write the *Samprapti* of *Pakshaghata* mentioned in *Ashtanga Hridaya*. (02 marks)

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2.2 Write prognosis of *Pakshaghata* according to *Sushruta Samhita*. (02 marks)

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2.3 Write a complete prescription for a patient of *Kaphanubandha Pakshaghata*. (04 marks)

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(3). A 24 year old student complains of frequently passing undigested watery stool with offensive odour associate with pain since 4 days. Further, he says no blood in stool and stool sinks in the toilet bowl.

3.1 What is the probable diagnosis and what are the types of diagnosed disease? (02 marks)

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3.2 Complete the stanza "*Na tusangrahanatdadyat .....*" and write its meaning. (02 marks)

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3.3 Write the *Anupana* poem of *Nawaratna Kalka* mentioned in *Vatika Prakarana* suitable for above disease. (02 marks)

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(4). *Krimi* in Ayurveda provide a broad sense in all types of worms and microbes with more details under *Sankramika roga* and *Upasargaja roga*.

4.1 Write clinical features of "*Sanjatha Krimi*" with the stanza mentioned in *Madhava Nidana*. (02 marks)

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4.2 Write the following *Samprapti Ghataka* of *Krimi roga*. (02 marks)

- i. Dosh with the Predominance: .....
- ii. Agni: .....
- iii. Srotas: .....
- iv. Rogamarga: .....

4.3 Write the principles of *Krimi Chikitsa* based on its *Chikitsa Sutra*. (03 marks)

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(5). A 14 years old female patient came to the OPD with symptoms of a sensation of dampness, low grade fever, lassitude, sweet taste in the mouth, burning sensation and cold.

5.1 Write the diagnosis of this patient. (01 mark)

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5.2 Write the line of treatment of above diagnosed patient. (02 marks)

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5.3 Write the *Pachanamruta* decoction. (03 marks)

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(6). A 45 year old patient complains that she is having protruded mass in the anus since one year. On examination, it was noted presence of broad based, fixed, rounded, and moist mass with mild pain.

6.1 Write the diagnosis of above disease and its *Samprapti*. (02 marks)

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6.2. Write one (01) prescription of Avagaha for above diagnosed disease. (01 mark)

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## Part II – Essay Questions

(1). Forty eight (48) year old female patient with *amlodgara*, epigastric pain (*udara shoola*), belching, bloating (*adhmana*), gurgling sound (*antra kujana*), heaviness in abdomen (*guru koshtathwa*) and *romaharsha* for six months, attended to the OPD.

- 1.1 What would be the diagnosis? (02 marks)
- 1.2 What is the treatment principles recommended to the above patient? (04 marks)
- 1.3 Complete the following decocotions with their method of preparation.
- (i). *Guduchi Chitraka kashaya* (05 marks)
- (ii). *Bunimba Nimbadi kashaya* (05 marks)
- 1.4 Write down suitable two (02) *Churna* and two (02) *Bashma* indicated for above disease. (04 marks)

(2). 42 year-old male presented with left sided facial weakness and loss of hearing since three weeks. The patient's chief complaints were excessive salivation, asymmetry of the face, tremors, lock jaw, and difficulty in speech.

- 2.1 What can be the probable diagnosis (with the Doshic predominance) (02 marks)
- 2.2 Complete the Samprapti stanza of your diagnosis and briefly explain it. (04 marks)
- 2.3 Write a prescription for 02 weeks including suitable two decoctions. *Asava/Arishta*, *Vatika*, *Churna*, *Kalka* and *Rasa Aushadha* with their *Anupana*. (10 marks)
- 2.4 Write medicines, perpetration methods and method of application for following conditions of above mentioned patient.
- (i). Asymmetry of the face. (02 marks)
- (ii). Difficulty in speech. (02 marks)

Date: 12.08.2022

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