



INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO
DEGREE OF BACHELOR OF AYURVEDA MEDICINE AND SURGERY
LEVEL V – SECOND SEMESTER EXAMINATION – JULY- 2022

KC 5203 - KAYACHIKITSA

27 AUG 2022

Date: 27.08.2022

Time: 9.45 am to 12.15pm

Index No

Answer all questions.

Part I - Structured Essay Questions

1.

1.1. State one (01) *Nirukti* of *Unmāda*

(01 Mark)

.....

.....

.....

.....

.....

1.2. Complete the following stanza and write down the meaning

(02 Marks)

Viruddha dushtā suci

.....

.....

.....

.....

.....

.....

.....

.....

.....

1.3. Write and list out *Śatāvari* 10 decoction

(04 Marks)

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2.

2.1. Write the common treatment principles of *Madātya*

(03 Marks)

.....

.....

.....

.....

.....

.....

.....

2.2. What external therapies can use for *Pittaja madūtya*?

(02 Marks)

.....

.....

.....

.....

.....

.....

.....

2.3. Name three (03) prepared medicine that can be used for *Madātya*.

(01 Mark)

.....

.....

.....

.....

.....

3. A reported case was a 28 years old male, who presented with severe *Tṛṭ* and *kshut*, *Alpe cheṣṭite śwāsam*, *Udar lambhanam* *Swādhu āsyam*, *Ayathā Utsāh* and *Ganda vrddhim* for more than one year.

3.1. Write the probable diagnosis of the above patient

(01 Mark)

.....

.....

.....

3.2. What are the other factors that help to diagnose the above case? (List 04 factors) (02 Marks)

.....

.....

.....

.....

.....

.....

.....

5.

5.1. State two (02) suitable *Cūrna*/powders for the treatment of *Ati kṛśa* patient (02 Marks)

.....

.....

.....

.....

.....

.....

5.2. Write down two (02) preparations of *Pralepa* and oils for each of the followings.

(05 Marks)

<i>Kṣudra roga</i>	Two (02) <i>Pralepa</i>	Two (02) oil
<i>Vyanga</i>		
<i>Nyacca</i>		
<i>Arunṣikā</i>		
<i>Pūdadūri</i>		
<i>Alasa</i>		

6.

6.1. Briefly, describe the *Nidāna* of *Dāha roga*

(02 Marks)

.....

.....

.....

.....

.....

.....

.....

.....

3.3. Briefly explain therapeutic measures of the above-diagnosed patient. (04 Marks)

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

4.

4.1. State *Pūrvarūpa* of *Apasmāraroga* (02 Marks)

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

4.2. Briefly, describe the *Samprāpti* of *Apasmāra roga* (03 Marks)

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

4.3. Write down two (02) *Nasya Prayoga* suitable for *Apasmāra roga* (02 Marks)

.....

.....

.....

.....

.....

.....

6.2. State three (03) *Sanskārika auṣadha* (prepared medicines) which are most suitable for the treatment of the *Ati sthauḷya* patient as following categories (04 Marks)

<i>Rasa auṣadha</i>	i.	ii.	iii.
<i>Lauha</i> contain preparations	i.	ii.	iii.
<i>Kwātha</i>	i.	ii.	iii.
<i>Guggulu</i> contain preparations	i.	ii.	iii.

Part II – Essay Questions

1.

A 37-year male presented with abdomen pain associated with difficulty in urination and red discolouration of urine for one month. The patient was asymptomatic one month ago. Suddenly he felt this symptom associated with vomiting and fever.

It was found that the pain was intermittent and colicky in nature and it was presented on either side of the abdomen. Pricking type dysuria is felt by patient normally at the beginning of urination with Haematuria. His vitals were within normal limits. On examination of the abdomen, there was a tenderness elicited in both sides of the lumbar region and the left side of the renal angle.

1.1. Write the differential diagnosis and the diagnosis. (02 Marks)

1.2. Prepare a *Cikitsā patra* suitable for this patient including the method of preparation of *Haritaki gokṣura* decoction (08 Marks)

1.3. What are the etiological factors associated with *Mūtra kṛcchra*? (04 Marks)

1.4. Write two (02) symptoms for each of the following conditions. (02x03=06 Marks)

1.4.1. *Śukraja mūtrakṛcchra*

1.4.2. *Śakṛdvighātaja mūtrakṛcchra*

1.4.3. *Kaphaja mūtrakṛcchra*

2.

2.1. Write and list out the following decoction and write down the method of preparation (5 x 2 = 10 Marks)

2.1.1. *Candana śāribū drākṣā kasāya*

2.1.2. *Drākṣā madhūka madhukādiya*

2.2

2.2.1. Give a brief description about *Mūtra aśmari* (05 Marks)

2.2.2. Write the *Elopakulyādi* decoction with the method of preparation (05 Marks)

27.08.2022