



Institute of Indigenous Medicine  
 University of Colombo  
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**INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO**  
**DEGREE OF BACHELOR OF AYURVEDA MEDICINE AND SURGERY**  
**LEVEL III BAMS SECOND SEMESTER EXAMINATION – JULY-AUGUST 2022**  
**KC3202- CHIKITSA MULADHARMA AND PANCHAKARMA**  
**(FUNDAMENTALS OF THERAPEUTICS AND PANCHAKARMA) II**

Date: 12.08.2022

Time: 9.45 a.m. -12.15 p.m.

Index No

Answer all questions.

**Part I - Structured Questions**

1.

1.1. What are the *Samyak svedana lakṣaṇa* according to the Ayurveda texts (03 Marks)

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1.2 What are the indications of *Svedana* mentioned in authentic texts? (04 Marks)

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2.

A young female patient was admitted to NATH complaining headache since 3 months. While examining the patient it was revealed that she is having a watering nose and sneezing in the morning since 4 months.

2.1. Propose suitable *Śodhana karma* for this patient (01 Mark)

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2.2 What are the *Pūrvakarma* can be done for above *Samśodhana karma* (02 Marks)

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2.3 What are the *Pascāt karma* could be proposed to the above patient (02 Marks)

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2.4 Name another four (04) diseases indicated in above proposed *Śodhana karma* (02 Marks)

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3.

3.1 Briefly mention the steps for preparation of *Jalauka* for *Raktamokṣaṇa* (04 Marks)

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3.2 Write down the *Pascāt karma* to the patient who has been treated with *Jalaukavacarana*? (03 Marks)

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4.

4.1 What are the types of *Vasti* based on drugs used (pharmaceutical classification)? (02 marks)

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4.2 Write down the indications for *Nirūha vasti*?

(04 Marks)

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5.

5.1 Write the classification of *Netra kriyā kalpa* according to *Śārṅgadhara Samhitā* and *Suṣṛta Samhitā*.

(03 Marks)

*Śārṅgadhara Samhitā*: -----

*Suṣṛta Samhitā*: -----

5.2 Define *Seka* and *Āścyotana* of *Netra kriyā kalpa* according to the *Śārṅgadhara Samhitā*

(02X2 Marks)

5.2.1. *Āścyotana*

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5.2.2. *Seka*

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6.

6.1 Write indications of *Vamana karma*

(03 Marks)

*Viśeṣenatu vāmayet*.....

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6.2. Complete the following *Vamana yoga* and write down its method of preparation.

(03 Marks)

*Vagapul madanaphala*.....

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## Part II – Essay Questions

1. A male patient admitted to NATH with signs and symptoms of scaling, itching with erythematous well-demarcated plaques in the whole body since 5 months. While taking the history, it was revealed that it has been associated with the risk of relapses with environmental changes and the intake of spicy and salty foods. The Physician decided to conduct the *Vamana karma* to the patient
  - 1.1. Briefly mentioned the steps of introducing *Vamana karma* to this patient (10 Marks)
  - 1.2. Name *Kṣudra karma* that can be recommended as *Paścāt karma* (02 Marks)
  - 1.3. Explain the *Samsarjana krama* to this patient (08 Marks)
2. Write short notes on
  - 2.1. Therapeutic procedure of *Akṣi tarpana* (05 Marks)
  - 2.2. *Abyantara snehana* (05 Marks)
  - 2.3. *Snigdha virecana* and *Rūkṣa virecana* with examples (05 Marks)
  - 2.4. *Marṣa* and *Pratimarṣa nasya-karma* (05 Marks)

Date:12.08.2022

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