



INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO
 DEGREE OF BACHELOR OF AYURVEDA MEDICINE AND SURGERY
 LEVEL III FIRST SEMESTER EXAMINATION
 MAY 2022

KC 3102 – CHIKITSA MULADHARMA AND PANCHAKARMA - 1
 (FUNDAMENTALS OF THERAPEUTICS AND PANCHAKARMA - 1)

Date: 15.06.2022
 Time: 9.45am - 12.15 pm

Index No

Answer all questions.

Part I - Structured Essay Questions

1.

- 1.1 Write four different types of *Dvidha cikitsa upakrama*. (02 Marks)

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- 1.2 Describe three conditions that *Shamana cikitsa* is generally undertaken. (02 Marks)

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- 1.3 Briefly describe the *Asuri*, *Manushi* and *Daivi cikitsa* (03 Marks)

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2.

2.1. Briefly explain three types of *Dhumapana*. (03 Marks)

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2.2 Write 06 (six) incidence that a person who is unsuitable for *Dhumapana* (03 Marks)

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3.

3.1 What are the effects and benefits of *Vajikarana* therapy? (03 Marks)

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3.2 Write 4 preparations for increasing the semen, progeny and providing nourishment and strength of a person in *Vajikarana chikitsa*. (02 Marks)

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3.3 Write 02 benefits of *Pizhichil* Treatment. (02 Marks)

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4.

4.1 Write down the definition of *Langhana therapy* stanza with interpretation (02 Marks)

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4.2 List out four *Mamsavaha Srotas Dushti Chikitsa*. (02 Marks)

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4.3 Write down two (02) *Rasayana Nirukti*. (02 Marks)

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5.

5.1 Write down five types of Mud and their benefits separately. (2.5 Marks)

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5.2 Which type of *Mrittika* is more used in *Chikithsa* ? (0.5 Marks)

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5.3 Explain the procedure of *Padaabhyāṅga*. (04 Marks)

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6. A 25 year old female patient visited to the O.P.D. complaining of graying hair for three years. After examination of the patient, doctor prescribe a *Shiropichu* as an external treatment.

6.1 Briefly describe *Shiropichu*. (01 Mark)

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6.2 Write the procedure of *Shiropichu*. (03 Marks)

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6.3 Write the types of *Murdhani taila* with stanza. (03 Marks)

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Part II – Essay Questions

1. A 45 year old male patient came to the O.P.D. suffering from *Vataja* type of headache for 06 years. After the examination of the patient, doctor suggest doing a *Shirodhara* for this patient.
 - 1.1 Describe the procedure of *Shirodhara* (10 Marks)
 - 1.2 Write the difference between *Gandusha* and *Kavala* and describe them (10 Marks)
2. Write short notes on
 - 2.1 Application procedure of “*Shashtika pinda sweda*”(Navarakizhi) (05 Marks)
 - 2.2 *Brimhana Upakrama* administered in *Srotas Dushti Chikitsa* (05 Marks)
 - 2.3 *Achara Rasayana* (05 Marks)
 - 2.4 Types of mud therapy for therapeutic purpose (05 Marks)

Date: 15.06.2022