



INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO
DEGREE OF BACHELOR OF AYURVEDA MEDICINE AND SURGERY
LEVEL V – FIRST SEMESTER EXAMINATION
MAY 2022

PK 5102 - STREEROGA AND PRASUTITANTRA
(AYURVEDA GYNAECOLOGY AND OBSTETRICS)- I

A. Structured Questions

1.1 State 04 *Nidana* for *Vataja Yoni Vyapath*

(02 Marks)

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1.2 Compare *Vatala*, *Udavartha* and *Viplutha yoni vyapath*

(02 Marks)

	Udavartha	Viplutha	Vatala
<i>Dosha</i>			
<i>Samprapthi</i>			
<i>Rupa</i>			
<i>Chikitsa</i>			

1.3 Give 04 OPD medicines could be suitable for women suffering from *Udavarta*.

(02 Marks)

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2.1 Name *Kaphaja* and *Tridoshaja Yoni Vyapath* according to Acharya Susruta?

(02 marks)

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2.2 Write main clinical feature of each *Tridoshaja Yoni Vyapath* mentioned in 2.1?

(02 marks)

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2.3 Write two external treatment procedures with recipes, procedure & mode of action beneficial for *Mahati Yoni Vyapath*?

(03 marks)

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3.1. List the *Asrugdhara nidana* under *Ahara, Viharana* and other factors (02 marks)

Ahara

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Vihara

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Other

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3.2. Mention 6 disease conditions which show similar features of *Asrugdhara* (02 marks)

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3.3. What is the *Asrugdhara chikitsa muladharm* (02 marks)

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4.1. what are important *Sareera Rachana* mentioned on *Stree Stana*

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(02 marks)

4.2. Describe types of *Stana Vidradhi* with few specific features (02 marks)

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4.3. What are the preventive measures could follow by a *Suthika* to prevent from *Stana Roga* (02 marks)

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5.1. Name *Rati Roga* mentioned in Ayurveda? (01 marks)

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5.2. Write five oral medicines which can be beneficial for above diseases? (02 marks)

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5.3. Write modern correlation of each *Rati Roga*? (02 marks)

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5.4. How do you diagnose above diseases by *Rogi Pareeksha*? (03 marks)

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6.1 What is the definition of *Soma Roga*?

(02 marks)

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6.2 Write clinical features of *Soma Roga* with *Sloka*.

(03 marks)

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6.3 Write two *Kashaya* recipes for *Soma Roga*?

(02 marks)

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B. Essay Question

I. Write elaborative descriptions on Ayurveda *Ritu Chakra* under following topics

- 1.1. Phases of *Ritu Chakra* with duration and the *dosha* association
- 2.2. Mention the mode of living in particular phases
- 2.3. Way of identification of abnormal *Ritu Chakra*

(20 Marks)

2. A 29-year-old lady, married since last 5 years, presented to the *Streeroga* clinic along with her husband with the complaint of subfertility. The couple has been practicing regular sexual intercourse and she has regular menstrual cycle. USS report revealed that she has no mature follicles. Her husband's SFA report was normal.

Write complete management for above case including *Chikitsa Muladharm*, specific external and internal treatments with their mode of action.

(20 marks)
