



INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO
DEGREE OF BACHELOR OF AYURVEDA MEDICINE AND SURGERY
LEVEL IV SECOND SEMESTER EXAMINATION
NOVEMBER 2021 - JANUARY 2022
SW4203 – AYURVEDA ROOPALAVANYA

Date: 25.01.2022

Time: 1.45 PM – 3.15 PM

Index No

Answer all questions.

Part I - Structured Questions

1. Describe the importance of following functions during a facial treatment.

1.1 Identify the skin types.

(04 Marks)

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1.2 Selecting the ingredients.

(04 Marks)

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1.3 Maintain the muscle tone of skin.

(04 Marks)

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1.4 Maintain the complexion of skin.

(04 Marks)

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1.5 Using of safe instruments.

(04 Marks)

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2.

2.1 Explain how to prepare a client for a *shirodhara*.

(04 Marks)

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2.2 List out the therapeutic and other benefits of *shirodhara*.

(04 Marks)

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2.3 Write a list of instructions after having a *shirodhara*.

(04 Marks)

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2.4 List the ingredients and preparation method of protein pack.

(08 Marks)

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Part II- Essay Questions

- 1. 1.1 Describe the procedure and benefits of manicure. (10 Marks)
1.2 Discuss the preparation methods of the setting and non - setting masks. (10 Marks)

- 2. Write short notes on
 - 2.1 Importance of Aroma oils and how does it work in a body. (05 Marks)
 - 2.2 Foot Massage. (05 Marks)
 - 2.3 Identify the skin types. (05 Marks)
 - 2.4 Marma Massage in hand. (05 Marks)

Date: 25.01.2022
