



INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO
DEGREE OF BACHELOR OF UNANI MEDICINE AND SURGERY
LEVEL IV BUMS SECOND SEMESTER EXAMINATION
NOVEMBER 2021 – JANUARY 2022
MJ 4205 - MASSAGE AND PHYSICAL THERAPY

Date: 25.01.2022
Time: 1.45 p.m. - 03.15 p.m.

Answer all questions.

Index No

Part I - Structured Questions

1.

1.1. What are the types of muscle according to the functional classification? (08 Marks)

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1.2. What are the 2 types of muscle contraction? (08 Marks)

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1.3 Describe each type mentioned in 1.1

(04 Marks)

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2.

2.1 Write 04 threatening factors for normal human movements and functioning.

(06 Marks)

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2.2 Give a definition for sarcopenia

(08 Marks)

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2.3 What are the groups of muscles that should be strengthened prior to introduce assisted walking with crutches? (06 Marks)

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Part II - Essay questions

- 1.
- 1.1. Define physical therapy. (08 Marks)
- 1.2. Describe the steps of the process of physical therapy? (12 Marks)

- 2.
- 2.1. What are the assistive devices? (08 Marks)
- 2.2. Explain the use of mobility assistive devices for patient rehabilitation (12 Marks)

25.01.2022
