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EXAMINATIONS
Institute of Indigenous Medicine

13 10 FEB 2022

University of Colombo

INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO
DEGREE OF BACHELOR OF UNANI MEDICINE AND SURGERY
LEVEL III BUMS SECOND SEMESTER EXAMINATION FEBRUARY 2022

TAHAFFUZI WA SAMAJI TIB (PREVENTIVE AND SOCIAL MEDICINE) TS3201

Date: 2022.02.10¹³

Time: 1.45pm-4.15pm

9.45am - 12.15pm

Index No

Answer all questions.

Part I - Structured Questions

1.

1.1 Define "Waba"

(01 Mark)

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1.2 List four *Wabae amraz*

(02 Marks)

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1.3 Briefly describe health promotion activity for *amraz e wabae*

(04 Marks)

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2.

2.1 List four *asbab e mu'dda e saman e mufrat*

(01 Mark)

2.2 Briefly explain *Usool e Ilaj e Saman e mufrat*

(03 Marks)

2.3 Explain role of *riyazat* in the prevention of *saman e mufrat*

(03 Marks)

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3

3.1 What are the types of vaccines available? Give example for each type (03 Marks)

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3.2 Name a vaccine used for prevention of Non communicable disease (01 Mark)

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3.3 Briefly explain "Herd Immunity" (02 Marks)

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4.1 What is Health Promotion? (01 Mark)

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4.2 Name the five pillars of health promotion? (2.5 Marks)

Pandemic:

5.2 Briefly explain the difference between “Isolation” and “Quarantine”

(03 Marks)

6.

6.1 Briefly explain regarding the nutrition requirement during pregnancy

(03 Marks)

6.2 What are the supplements given during pregnancy?

(01 Marks)

6.3 What are the common nutritional issues to be considered for a mother after delivery?

(03 Marks)

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Part II – Essay Questions

1.

- 1.1 Describe *amraz e ghair muta'ddi* (02 Marks)
- 1.2 Explain *hifz e mataqaddam e amraz e ghair muta'di* (03 Marks)
- 1.3 Describe levels of prevention for *Ziabetes shakari* (06 Marks)
- 1.4 Briefly discuss *hifze mataqaddam e waj ul mufassil* (05 Marks)
- 1.5 Explain *jisman e safaee* (04 Marks)

2.

You are appointed as a Community Medical Officer (CMO) in Mullativu District Secretariat Office, and was invited to plan a programme in schools in rural sector,

- 2.1 Briefly describe duties of a CMO (06 marks)
- 2.2 Discuss the advantages and disadvantages of conducting programmes in school setting (05 marks)
- 2.3 List important stakeholders you would approach in order to plan a programme (03marks)
- 2.4 Briefly explain how you would collect information regarding the health status of students (06 marks)

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