

**EXAMINATIONS**  
Institute of Indigenous Medicine  
02 FEB 2022  
University of Colombo



**INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO**  
**DEGREE OF BACHELOR OF AYURVEDA MEDICINE AND SURGERY**  
**LEVEL V – SECOND SEMESTER SUPPLEMENTARY EXAMINATION –**  
**FEBRUARY-2022**

**PK 5201- BALA ROGA (Ayurveda Pediatrics) II**

**Date : 02.02.2022**  
**Time : 9.45am-12.15 pm**

**Answer all questions.**

**Index No**

**PART I – AYURVEDA**  
**A. Structured Essay Questions**

1. A three years old boy was brought by his parents to the Bala Roga OPD with the complaints of delayed growth and development with difficult in walking. The child can speech only bisyllabus and cognition is also poor.

I. What are the main important points that you consider when history taking? (03 marks)

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II. Mention your diagnosis

(01 marks)

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III. Mention the suitable OPD treatment plan that you are going to start for this child.(2 marks)

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2.

I. Write the *Rupa* (General clinical features) of *Amavata* with *shloka* and reference (03 marks)

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II. Write the *shloka* and reference of *doshika* predominance in *Amavata* (03 marks)

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3. A mother came in search of Ayurveda treatment for her 6 years old child, complaining of Difficulty in sustaining attention in tasks.

I. What are the questions that you should ask from his mother other than the complain? (03 marks)

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II. How do you diagnose this condition from your differential diagnoses? (02 marks)

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III. List out the external treatments plan can be introduced at IPD for the above condition (02marks)

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4.

I. Define the disease '*Vicharchika*' with *shloka* and meaning according to Kashyapa Samhitha (03 marks)

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II. Write the principle of treatment (*Chikitsa Mooladharmā*) which you follow when treating a two years old child suffering from *Vicharchika* (02 marks)

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III. Write a suitable treatment plan you can prescribe for this child at Bala Roga OPD. (02 marks)

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5. A mother came in search of Ayurveda treatment for her 2 years old son, complaining of recently onset walking disabilities.

I. What are the questions that you should ask from his mother other than her main complain? (03 marks)

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II. What are the *Vikritha pareekshas* that you can use to diagnose this condition? (02marks)

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III. Draw a diagram to show the Ayurvedic probable *Samprapthi* for this condition (02 marks)

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I. Write 02 Definitions of *Krimi* with *shloka* and meaning

( 2 marks)

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II. Write the *Shloka* of *Krimi roga nidana* with its meaning and reference  
marks)

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III. Write Classification of *Krimi* according to Vedic Literature.

(02 marks)

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## B- Essay Questions

1. A mother comes to you seeking Ayurveda treatment for her 03 years old son with the following complaints.

Difficulty in breathing and cough early morning and late night, tiredness when speaking, refuse food intake & sleeping on the bed. Their house is situated facing towards a paddy field.

- I. Write the most relevant five questions you should ask from the mother while history taking. (05 marks)
- II. What is your diagnosis? (03 marks)
- III. Mention the probable *nidana* with *shloka* and references for this condition as per Ayurveda. (06 marks)
- IV. What are the investigations you should perform on this child? (02 marks)
- V. Write suitable OPD treatments for this child. (04 marks)

2. A mother brought her 1 1/2 years age of male child to the Bala Roga OPD clinic with following complaints.

Discoloration of the body, Uneasiness (discomfort) in mouth, Languor, Insomnia and abdominal distension for 1 day.

- I. According to the above symptoms, which disease condition can be developed in this child? (02 marks)
- II. Justify your answer with respective *shloka*, meaning and its reference. (06 marks)
- III. Due to poor management of this condition, what are the complications can be manifested? (04 marks)
- IV. How do you examine and categorize the signs of the main complication according to the severity? (04 marks)
- V. Write one of the best Ayurvedic formulations that can be prescribed for this child with respective *shloka* and meaning. (04 marks)

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