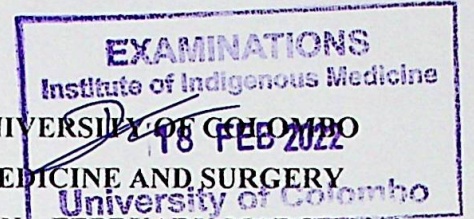


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INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO  
DEGREE OF BACHELOR OF AYURVEDA MEDICINE AND SURGERY  
LEVEL III – SECOND SEMESTER EXAMINATION – FEBRUARY-MARCH 2022



DV 3202 - RASA SHASTHTRA - II

Date : 18.02.2022  
Time : 9.45 am - 12.15 pm

Index No

Answer all questions.

**Part I - Structured Questions**

1.

1.1 Why Rasa materials are classified as Maha rasa, Upa rasa and Sadarana rasa? (02 Marks)

.....  
.....

1.2 Name two sadarana rasa materials with their chemical formulations. (01 Marks)

.....

1.3 Name two Maharasa materials with each formulation (01 Marks)

.....

1.4 Name two materials which are not subjected to marana process and write their shodana methods. (01 Marks)

.....  
.....



2.

2.1 Write the meaning of following synonyms of Parada (02 Marks)

a. Galad raupya nibham.....

b. Parada.....

2.2 Name parada gathi (02 Marks)

.....  
.....  
.....

2.3 What is Hinguloththa parada? (01 Marks)

.....

2.4 What is the importance of Hinguloththa Parada? (01 Marks)

.....

3.

3.1 Why sudha varga are considered as an important material in Rasa shastra? (02 Marks)

.....  
.....

3.2 Name two sudha varga materials that do not contain Calcium. (01 Marks)

.....



3.3 What is the preparation method of kareeshagni bashma? (02 Marks)

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.....  
.....

3.4 Write the preparation method and indication/s of Kukkutanda thwak bashma. (02 Marks)

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.....  
.....

4.

4.1 What is meant by a kupipakwa rasa preparation? (02Marks)

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.....

4.2 What are the different kupipakwa preparations? (02 Marks)

.....  
.....  
.....  
.....

4.3 What is the importance of usage of navasadara in the preparation of Rasa sindura?

(02 Marks)

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.....  
.....  
.....



4.4 Write two indications for corking the kavachi yantra when preparation of Rasa sindura (02 Marks)

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.....  
.....

5.

5.1 What is Mridadarashruna (01 Marks)

.....  
.....  
.....

5.2 What is the chemical composition of above (5.1) mentioned material? (01 Marks)

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.....

5.3 What is the difference between Mruga shiringa and Mrudadarashruna? (02 Marks)

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.....

5.4 Write the indication of above mentioned (5.3) materials. (01 Marks)

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.....



6.

6.1 Write 02 toxic effects of excessive use of Bhanga (*Cannabis sativa*) according to Ayurveda for each of following stages.

(04 marks)

a. First stage (Prathamika avastha):

.....  
.....  
.....  
.....  
.....

b. Second stage (Dwithiya avastha):

.....  
.....  
.....  
.....  
.....

6.2 Name 02 antidotes for Bhanga

(01 mark)

.....  
.....

6.3 What are the usage parts of Bhanga?

(01 mark)

.....

6.4 Write the Shodhana process of Bhanga.

(01 marks)

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.....  
.....  
.....  
.....

6.5 What is the therapeutically important active ingredient of Bhanga?

(02 Marks)

.....  
.....



## Part II – Essay Questions

1. Explain the following statements according to Rasa shastra

- a. There are no shining particles in the kajjali
- b. Instead of nirvapa shodana method, puthiloha follows Dalana shodana method
- c. Loha (Iron) marana with Hingula not considered as Rasa bashma marana.
- d. Amrutheekarana process is an essential for Thamra bashma.
- e. Kankushta is a controversial material.

(4x5=20 Marks)

2. *Samskarohi gunoththaradana uchchathay*. Describe this shloka part with the relation of parada samskara

(20 Marks)

2020.02.18

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