



INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO
DEGREE OF BACHELOR OF AYURVEDA MEDICINE AND SURGERY
LEVEL V – SECOND SEMESTER EXAMINATION – OCT / NOV 2021

KC 5203 – KAYACHIKITSA - IV

Date: 01.11.2021

Time: 9.45 a.m. to 12.15 p.m.

Index No

Answer all questions.

Part I - Structured Essay Questions

1. A 45-year male patient presented with sudden onset of pain in the lower back region and lower abdomen which was increased over a short period. Further, he has complained of dysuria and anorexia for the past few days.

1.1. What would be the differential diagnosis? (1/2X4=02 marks)

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1.2. Write down the diagnosis and the possible clinical features that would be appeared in this patient according to the *Āyurveda* text. (02 marks)

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1.3. Write down the “*Elopakulyādi*” *Kaṣāya* (decoction) with method of preparation (03 Marks)

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2.

2.1. Complete the given *Śloka* and write its interpretation/meaning (02 Marks)
“*Pānāthyamparamadam*.....”

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2.2. A person stopped drinking alcohol and suddenly starts drinking excessively. Write two (02) diseases he would suffer from this restart of drinking with their clinical features. (04 Marks)

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2.3. What is the treatment principle you suggest to this patient in brief? (01 Mark)

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3.

3.1. Name the types of *Mūtraghāta* according to *Mādhava Nidāna*. (03 Marks)

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3.2. What are the *Samprāpti ghataka* of *Mūtraghāta*? (03 Marks)

Doṣa

Dūṣya

Srotas

Srotodushṭi prakāra

Aḍiṣṭāna

Rogamārga

4.

4.1. List the types of *Apasmāra* (01 Mark)

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4.2. Complete the stanza and write down the meaning. (03 Marks)

Tairavrthanamhrthsrothomānasamsamprabodhanam.....

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4.3. Write three different treatment methods with medicines used in *Prabodhana Chikitsā* in *Apasmāra* (03 Marks)

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5. A 50-year female patient visited the skin clinic with complaints of *Kaṇḍu*, *Dāha*, *Rujā* in inter-digital spaces of *Pāda tala*. While doing the examination, the doctor identified the excess moisture contains present in inter-digital spaces of *Pāda tala*.

5.1. Based on *Kṣudraroga*, what could be the probable diagnosis? (01 Marks)

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5.2. Name most suitable medicine: internal medicine (with dosage) and external medicine to manage the above diagnosed disease (04 Marks)

i. Internal medication

a. *Kvātha*.....

b. *Rasa* preparation

c. *Ariṣṭa/Āsava*.....

d. *Gutikā*.....

e. *Chūrṇa*

ii. External medication

a. *Prakṣālanakvātha*.....

b. *Taila*.....

c. *Chūrṇa* for dusting

5.3. Mention *Pathyāpathya* to management the above diseases. (02 Marks)

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6.

6.1. Complete the stanza and write the meaning relate to *Madyaja dāha*. (02 Marks)

Tvachampraptaḥ sapanoṣmā.....

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6.2. What are the symptoms of *Raktaja dāha* according to the text *Mādhava Nidāna*? (02 Marks)

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6.3. List out the ingredients of “*Śatāvarigophakanyādi*” decoction and write the method of preparation. (02 Mark)

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Part II – Essay Questions

1.

A 50-year-old female patient came to OPD with complaints of increased body weight and polyuria since 5-6 years and associated with the C/O dyspnoea and fatigue with minimal work, difficulty in losing weight, and pain over the right side of the lower back region and both knee joints.

- i. What are investigations would be recommended to this patient? (02 Marks)
- ii. Write the suitable *Chikitsā sūtra* and its meaning that could be followed to manage her health status. (05 Marks)
- iii. Write down the ingredients and method of preparation of following formulae to manage her complaints. (03x3=09 Marks)
 - a) *Kāravi puśkarādi....*
 - b) *Lekhanādi daśaka*
 - c) *Triphalā katakam pātū kaṣāya*
- iv. List out the *Pathyāpathya* for this patient. (04 Marks)

2.

Explain the status of *Aṣṭavidhamānasika bhāva* of a patient having the following condition and informant details

Condition: Separated from Spouse recently

Informant details: Thoughts of suicide and several attempts, addiction to social media, unable to concentrate on one work for a prolonged period, Auditory hallucinations, refusing food and bath, neglecting children, loss of short-term memory

(20 Marks)

01.11.2021