



INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO  
DEGREE OF BACHELOR OF UNANI MEDICINE AND SURGERY  
LEVEL I – SECOND SEMESTER SUPPLEMENTARY EXAMINATION  
MARCH, SEPTEMBER- OCTOBER 2020  
KU1202 – AL UMOOR AL TABA'IYYA II

Date: 15.09.2020  
Time: 1.45 pm – 3.15 pm

Answer all questions.

Index No

Part I - Structured Questions

1.

1.1 What is the literal meaning of *Tabiat*

(03 Marks)

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1.2 Write the definitions of *Tabiat* given by the following Unani scholars

a. Burhanuddin Nafis

(02 Marks)

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b. Rabban Tabri

(02 Marks)

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c. Jalinoos

(02 Marks)

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1.3 Describe about the reality of the *Tabiat*

(05 Marks)

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1.4 Describe the relationship in between *Tabiyat* and *Mizaj* (Temperament)

(06 Marks)

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2.1 Give a summary of 'Galen's art of hygiene'

(05 Marks)

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Marks

2.2 What are the advantages of taking pulse at the radial artery

(04 Marks)

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Marks)

2.3 Write 2 benefits of the evacuation process of *Tareeq*.

(02 Marks)

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2.4 Write the problems of polluted air

(04 Marks)

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2.5 How can you improve the breathing capacity explain with proper example/s

(05 Marks)

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Part II – Essay Questions

1.
  - 1.1 What do you understand about *Harakat va Sukoon-e-Badaniya* (03 Marks)
  - 1.2 Briefly explain the benefits of exercise according to *Unani Medicine* (06 Marks)
  - 1.3 List out the suitable exercises for *Damai, Balghami, Safravi* and *Saudavi* individuals separately. (08 Marks)
  - 1.4 List out the negative emotions of *Safravi mizaj* individuals (03 Marks)
  
2.
  - 2.1 Write the benefits of ‘bitter and sweet taste’ toward the health maintenance of the body (09 Marks)
  - 2.2 How do you collect a sample of bile for analysis (06 Marks)
  - 2.3 Explain alimentary toxemia (05 Marks)

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