



INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO  
DEGREE OF BACHELOR OF AYURVEDA MEDICINE AND SURGERY  
LEVEL I SECOND SEMESTER (SUP) EXAMINATION  
SEPTEMBER - OCTOBER - 2020  
MS - 1201 – AYURVEDA MULADHARMA- II

EXAMINATIONS  
Institute of Indigenous Medicine  
30 SEP 2020  
University of Colombo

Date: 30.09.2020  
Time: 9.45 a.m. - 11.15 a.m.

**STRUCTURED ESSAY QUESTIONS**

- I. Write one definition of Prakṛti. (01 mark)

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- II. Describe Kālagarbhāśa Prakṛti. (04 mark)

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- III. Write 4 differences of Vāta Prakṛti and Kapha Prakṛti (04 marks)

	Vāta Prakṛti	Kapha Prakṛti
1		
2		
3		
4		

IV. Write 4 physical properties and 4 mental qualities of Pitta Prakṛti. (04 marks)

	Physical Properties	Mental Qualities
1		
2		
3		
4		

V. Which Rasās are increasing Tridoṣa? (03 marks)

- a) Vāta.....  
b) Pitta.....  
c) Kapha.....

VI. Write Tridoṣa Prakopa Ṛtus (seasons) (03 marks)

- a) Vāta.....  
b) Pitta.....  
c) Kapha.....

VII. Name the best Śodhana Cikitsā (purification therapies) for Tridoṣa. (1.5 marks)

- a) Vāta.....  
b) Pitta.....  
c) Kapha.....

VIII. Name main site of Tridoṣa (1.5 marks)

- a) Vāta.....  
b) Pitta.....  
c) Kapha.....

2.

I. Explain the following Stanza.

(04 marks)

Hitāhitaṁ Sukhaṁ Duhkhamāyustasya hitāhitaṁ

Mānaṁ ca tacca yatrotamāyurvedah sa ucyatē (Ca Sū 30 / 41)

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II. Mention 4 good social qualities for a healthy life style.

(02 marks)

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III. Complete the stanza

(04 Marks)

Tachcha nityam prayunjita.....

..... anutpattikaram cha yat” (Cs/S/S/5/13)

IV. The role of each Agni

(03 Marks)

- a) .....Agni . Digesting the food taken
- b) Pancha Bhūthāgni . .....
- c) .....Agni.....

V. Define Āma, Sāma and Nirāma

(03 (Marks)

- a) Āma .....
- b) Sāma .....
- c) Nirāma.....

VI. Write two non- pharmacological interventions to cure Āma Doṣa (02 Marks)

a) .....

b) .....

**ESSAY TYPE QUESTIONS**

1.

I. Detail about the Deha Prakṛiti with justification of disease susceptibility of each type (10 marks)

II. Discuss the functions of Agni which situated at different places of the body (10 marks)

2.

I. Which substances in the body can be called as Ojas? Give reasons for your answer. (10 marks)

II. Explain Causes of Ojakṣaya and the stages of Ojakṣaya. (10 marks)