

INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO  
DEGREE OF BACHELOR OF AYURVEDA MEDICINE AND SURGERY  
FIRST PROFESSIONAL ANNUAL (ON LINE) EXAMINATION  
DECEMBER 2020 – JANUARY 2021  
Subject – Shareera Rachana - Part I

Date: 02. 01. 2021

Time 10.00-10.50 am

Structured Essay Questions

Answer all questions.

1.
  - a) Write two (02) definitions of *Marma*
  
  - b) Give one (01) reason as mentioned in importance of studying *Marma*
  
2.
  - a) Name the classification of *Marma* as per *Sadhya Asadhya Bheda*
  
  - b) Write the combination of *Pancha Maha Bhuta* of above
  
3.
  - a) List out distribution of *Marma* in four categories of *Shadanga Bheda* as per *Susruta*
  
  - b) Write the numbers of *Marma* points in each category respectively

4.

a.) Name the *Mansa Marma* (location of Dant for Garbha Pralobh  
(growth of the fetus))

b) List out the *Asthi Marma*  
to denote the meaning of *Ayurhithaya*

5.

a) Name *Peshi Prabheda* (types of muscles)

b) Write two (02) specific features of the 8<sup>th</sup> month in development of Garbha as per

b) Name two (02) importance of *Peshi* as per *Ayurveda*

6.

a) Write one (01) specific feature of the 6<sup>th</sup> month in development of Garbha

a) List out five (05) *Sakthi Marma* in order distal to proximal

b) Write the definitions of above mentioned *Marma* points

7.

a) Name the types of *Sarpa* *Atyapadha* (obstruction)

‘*Sukra Sonitam Garbhasayasta Atma Prakrti Vikara Sammurchitam Garbha Iti Uchyate..*’

a) Write the ‘*Prakrti*’ of above-mentioned *Shloka*

b) Name the categories of ‘*Vikara*’ in above mentioned *Shloka*

8.

a) Name the responsible combination of *Dosa* for *Garbha Vriddhi*  
(growth of the fetus)

b) Write the meaning of *Jyothisthana* of bones respectively

9.

a) Write two (02) specific features of the 4<sup>th</sup> month in development of *Garbha* as per *Ayurveda*

b) Write one (01) specific feature of the 6<sup>th</sup> month in development of *Garbha*

10.

a) List out the characteristic features of *Srothas*

b) Name the types of *Srothas Avarodha* (obstruction)

11.

a) Name *Snayu Prabheda* (types of ligaments)

b) Write the total number of *Snayu* in *Shareera* as per *Ayurveda*



12.

a) Name *Asthi Prabheda* (types of bones) as per *Ayurveda*

b) Write one (01) example for each type of bones respectively

13.

a) List out *Sandhi Prabheda* (types of joints) as per *Ayurveda*

b) Write one example for common *Sandhi prabheda* of *Shareera*

14.

a) Name the layers of *Thvacha* (Skin)

b) Name the skin disease related to one to five layers of above

15.

a) Name the Mandala of Akshi (eye)

b) List out Patala of Akshi

16.

a) Name the composition of *Pancha Maha Bhuta* of *Akshi Sanyuti*

b) Write the names of *Sandhi* of *Akshi* with comparison of modern Anatomy

17.

a) Write the main factors cause for the deformities of *Garbha* on *Stri Vyapath*

b) Write the only reference on above *Stri Vyapath*

18.

a) Name main the *Dhamani Prabheda* as per *Ayurveda*

b) Write the numbers of *Dhamani Prabheda* respectively

19.

a) Write the definition of *Anguli Pramana*

b) Write the reference of *Pramana* as per *Susruta*

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Subject - Sharera Manasa - Part II (Anatomy)

20.

Time 10.00-10.50 am

a) Write two (02) definitions of *Shareera*

Answer all questions

b) Write the reference of *Shava Vichedana* (cadaver dissection) in *Ayurveda*