

INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO  
DEGREE OF BACHELOR OF AYURVEDA MEDICINE AND SURGERY  
FIRST PROFESSIONAL ANNUAL (ON LINE) EXAMINATION  
DECEMBER 2020 – JANUARY 2021

Subject – Shareera Kriya - Part I (Ayurveda Shareera Kriya)

Date: 28. 12. 2020

Time:

Structured Essay Questions

Answer all questions.

1. Name  
a. two (02) synonyms for “*Ayu*”  
b. two (02) synonyms for “*Shareera*”
2. Name the factors responsible for food digestion as per Ayurveda
3. Name the specific types of *Vata dosha* act in Gastrointestinal tract level
4. Name five (05) features of *Shuddha Shukra*

5. Name Two (02) functions of each for *Mutra* and *Pureesha* separately

a. *Mutra* –

b. *Pureesha* –

6. Give three (03) definitions for the term “*Arthava*”

7. Name three (03) types of *Shareera Bala*

8. List out four (04) features of *Asthi Kshaya*

9. Mention the main function of following *Dhatu*

a. *Rakta dhatu* –

b. *Asthi dhatu* –

c. *Medas dhatu* –

d. *Shukra dhatu* –

10. List out four (04) functions of *Udana Vata*

11. List the functions of *Amashaya* as per Ayurveda

12. What is the meaning of “*Avyakto Vyakta Karma*” regarding *Vata dosha*

13. Write the *Srotomula* of following *Srotas* as per *Caraka Samhita*

a. *Raktavaha srotas* –

b. *Mamsavaha srotas* –

14. List out the types of *Srotodrushti*

15. List out the five (05) qualities of *Ojas*

16. What are the functions of *Brajaka Pitta*

17. What are the locations of *Ranjaka Pitta*

18. List out five (05) Properties of *Kapha Dosha*

19. Name the *Mala* (waste products) produced by action of *Majjadhatvagni*

20. List out the *Trividha Avasthapaka* in the order