

INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO  
DEGREE OF BACHELOR OF AYURVEDA MEDICINE AND SURGERY  
FIRST PROFESSIONAL SUPPLEMENTARY (ON LINE) EXAMINATION  
(2017/2018) March 2021

Subject – Shareera Rachana - Part I

Date: 24. 03. 2021

Time 10.00-10.50 am

Structured Essay Questions

Answer all questions.

1.

a) Define *Shareera*

b) Give one (01) reason as mentioned in importance of studying *Shareera*

2.

a) Name the classification of *Marma* as per *Rachana Bheda*

b) Name all the *Mansa Marma* of the human body

3.

a) Name and List out the three (3) *Anguli Marma* of human body as per *Marma Pramana*

b) Write the common *Marma Pramana* of *Murdini Marma*

4.

a.) Name the *Sadyah Prana Hara Marma* in head and neck region

b) Write the combination of *Pancha Maha Bhuta* of *Sadyah Prana Hara Marma*

5.

a) Name *Asthi Prabheda* (types of bones)

b) Name importance of *Asthi* as per *Ayurveda*

6.

a) Write the reference of *SavaVicchedana Vidhi*

b) Write the importance of *SavaVicchedana* as per *Ayurveda*

7.

a) Name the *Netra Bhaga*

b) Name the *Netra Patala*

8.

a) Write the responsible combination of *Pancha Maha Bhuta* for *Krisna Mandala*

b) Write the responsible combination of *Pancha Maha Bhuta* for *Shvetha Mandala*

9.

a) Write specific features of the 2<sup>nd</sup> month in development of *Garbha* as per *Ayurveda*

b) Write specific features of the 8<sup>th</sup> month in development of *Garbha*

10.

a) Name the mentioned important specific features of *Sthri Vyapath*

b) Write the reference of *Sthri Vyapath*

11.

a) Write the important factors for *Garbha Sambhava* (formation of *Garbha*) as per *Susruta*

b) Name the important theories of *Garbha Potiona* (nutrition of foetus) as per *Ayurveda*

12.

a) Name *Asthi Prabheda* (types of bones) as per *Ayurveda*

b) Write one (01) example for each type of bones respectively

13.

a) Write total number of *Snayu* of human body and total number of *Snayu* of extremities

b) Name *Snayu prabheda* and *Sankhya* (number) of *Madya Shareera* (trunk)

14.

a) Write the reference of Sambhava (formation) of *Tvacha* (Skin)

b) Name the skin diseases related to *Avabhasini*, *Lohita* and *Svetha* respectively



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a) Write the reference of Sambhava (formation) of *Tvacha* (Skin)

b) Name the skin diseases related to *Avabhasini*, *Lohita* and *Svetha* respectively

- 15.
- a) Name the total number of *Asthi* (bones) of human body as per *Susruta*
  - b) How divide into sub divisions of areas of human body as above-mentioned number of *Asthi*, (bones)

- 16.
- a) Name *Sandhi Prabheda* (types of joints) as per *Ayurveda*
  - b) Write the examples of five types in order

- 17.
- a) Write one Stanza relevant to *Garbha Vriddhi* (growth of the fetus) in English
  - b) Write the reference of above mentioned stanza

- 18.
- a) Write two definitions of *Srotas* as per *Ayurveda*
  - b) Write the examples for *Sukshma* and *Sthula Srotas* respectively

19.

a) Write the number of *Dhamani* arising from *Nabhi* as per *Ayurveda*

b) Write the similarities of *Sira*, *Dhamani* and *Srothas*

20.

a) Write total number of *Peshi* and *Peshi Prabheda*

b) Write the spreading of *Peshi* of sub divisions of human body