



5

EXAMINATIONS
Institute of Indigenous Medicine
14 DEC 2020
University of Colombo

INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO
DEGREE OF BACHELOR OF AYURVEDA MEDICINE AND SURGERY
LEVEL IV – FIRST SEMESTER (SPECIAL SUP.) EXAMINATION
DECEMBER - 2020

KC 4103 - KAYACHIKITSA (AYURVEDA CLINICAL MEDICINE) - 1

Date: 14.12.2020

Time: 2.45 pm to 5.15 pm

Index No

Answer all questions.

Part I - Structured Essay Questions

1.

1.1 Write the *Chikitsā mūladharama* of *Ardita roga* with its relevant stanza (03 Marks)

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

1.2. Write down a formula for the management of each complication of *Ardita roga*

1.2.1. *Vāk graha* (02 Marks)

.....

.....

.....

1.2.2. *Mukhārdha mānśa śaithilya* (02 Marks)

.....

.....

.....

2.

2.1. Complete the shloka given below and write its interpretation/meaning (04 Marks)

Prāk pāṇdau recanam pathyam.....
.....
.....
.....
.....
.....
.....

2.2. Name four (4) *Ariṣṭa / Āsava* used in *Pāṇdu roga* (02 Marks)

.....
.....
.....
.....
.....

2.3. Name three (3) decoctions which can be prescribed for *Mṛdbhakṣṇa pāṇdu* (01 Mark)

.....
.....
.....

3.

3.1. Name the types of *Ajirṇa* (02 Marks)

.....
.....
.....

3.2. Write down the specific treatment method for each type (02 Marks)

.....
.....
.....
.....

3.3. Give diagnose for the following description and prescribe a medicine. (02 Marks)

A 39 year old male patient said he does not feel happy and he has no desire to take food. He feels heaviness over the chest and abdomen. He complains of wateriness in the mouth, as it is basically food taste in nature.

.....
.....
.....
.....
.....

4.

4.1. Write a *Chikitsā sūtra* of *Arśas* (04 Marks)

.....
.....
.....
.....
.....
.....
.....
.....
.....

4.2. Write and list out a decoction suitable for *Kaphaja arśas* with stanza (03 Marks)

.....
.....
.....
.....
.....
.....
.....
.....
.....

5.

5.1. Complete the given stanza and write down its meaning. (03 Marks)

Samśamyāpām dhāturagnim pravṛddha:

.....
.....
.....
.....
.....
.....

5.2. Name the disease relates with the above mentioned pathogenesis. (01 Mark)

.....
.....

5.3. Write down two (02) *Chikithsā mūladharma* should be follow to treat the above said patient. (01 Marks)

.....
.....
.....

5.4. List out two (02) suitable *chūrna* for above condition. (02 Marks)

.....
.....

6. 6.1. Write down *Amlapitta chikithsā sūtra* and it's meaning (04 Marks)

.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....

6.2. Write down how to differentiate *Annadrava śūla* and *Parinama śūla* patient by using cardinal features (02 Marks)

.....
.....
.....
.....
.....
.....
.....
.....
.....

Part II – Essay Questions

1.

A 37 years old female patient diagnosed as left side *Pakṣūgāta* since one day and admitted in Ayurveda Hospital.

Her clinical findings are as follows;

Complete loss of motor and sensory function of affected side

Dysarthria mild dysphagia with mild fever for one day

Blood pressure- 170/85mmHg Lungs- Mild crepitation in the base of the lungs

1.1. Write down the treatment principle according to the *Ayurveda mūladharmā* (08 Marks)

1.2. Write a suitable treatment procedure for this patient (*Chikitsā patra*) (12 Marks)

2.

2.1.1. *Atisārenivṛtpepimandāgnerahitāśinah*..... complete the stanza with its meaning (05 Marks)

2.1.2. Write three types of above said disease, excluding *Doṣaja* verities (02 Marks)

2.1.3. Write treatment principles mainly consider to treat this condition (04 Marks)

2.1.4. Mention the best *Kalpa chikitsā* for this condition (02 Marks)

2.2. There are different forms of *Tikṣṇāgni* which leads to manifestation of many diseases and can be treating with simple dosage forms of medicines. Discuss this statement. (07 Marks)

14.12.2020