

INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO,

RAJAGIRIYA

FINAL BUMS ANUAL EXAMINATION – DECEMBER 2015

AMRAZE E NISWAN

Time: 03 hours
(9.00 a.m – 12.00 noon)

Answer all five questions.

1. A 32 year married lady comes with the complains of absence of menstruation for last 7 months. Her menstrual period was started to become irregular, coming on 45 – 60 day interval and lasting for two days for last 03 years. There was no any other relevant history other than sudden unusual weight gain.

1.1 To arrive proper *tashkhees* what are the further history you would ask from this case (08 Marks)

1.2 What is your *thafreeqi tashkhees*? (02 Marks)

1.3 What is your proper *tashkhees*, and write main investigations to arrive proper *tashkhees*? (03 Marks)

1.4 Write the *usool e ilaj* for your *tashkhees* (07 Marks)

2.A 35 years old married women came with the complains of heavy menstrual bleeding for ever month with periodic abdominal pain. Her history reveals that she had 3 consecutive spontaneous abortion within her 7 years of marriage life. Further she complaints occasional dyspareunia, constipation and incontinence of urine.

2.1 What is your *thafreeqi tashkhees* for above condition? (03 Marks)

2.2 To arrive proper *tashkhees* what is the main investigation you would prescribe. (02 Marks)

2.3 Write the proper *tashkhees* and its aksam with illustration? (05 Marks)

2.4 Write your management of above *tashkhees* and discussed your *hidayat* you would provide her to conceive in future. (10 Marks)

P.T.O

- 3.
- 3.1 Write primary and secondary prevention of *Sartan e Unuqur Rehm* (06 Marks)
- 3.2 Write *asbab* for *Usr e Tams Sanvi vo Ibtihad* (08 Marks)
- 3.3 Write the *asbab* of *Nutue Rehm* (06 Marks)

4. A 25 year old nulligravida who presents for treatment of chronic pain had the onset of server dysmenorrhoea at 15 years of age. Over the past one year her dysmenorrhea has worsened. Now she experiences pelvic pain throughout the month, rather than only with menstruation. She has no history of urinary urgency, dysuria and her physical examination is normal except for mild uterine tenderness.

- 4.1 Give 3 probable *tashkhees*? (03 Marks)
- 4.2 Write the Unani pathology for this case? (03 Marks)
- 4.3 How would you evaluate this case? (05 Marks)
- 4.4 What are the diagnostic tests would you prescribe? (03 Marks)
- 4.5 Write the *Ma'mulate e Matab* for above case? (06 Marks)

5. Write the *Ma'mulate e Matab* following situations

- 5.1 A 47 year old women diagnosed as *Alamat e Sine Yas*
- 5.2 A 37 year old women diagnosed as *Uqr e Zanana* due to *Insidad e Qazif*
- 5.3 A 17 year old girl diagnosed as *Ibtidayee Ihtibaz e Tams*
- 5.4 A 25 year old lady diagnosed as *Sufaid behna*
- 5.5 A 53 year old women diagnosed as a painless lump in the right breast

(5 x 4 = 20 Marks)

16.12.2015