

INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO, RAJAGIRIYA  
FINAL BUMS ANNUAL EXAMINATION – FEBRUARY 2015

AMRAZ E NISWAN

Time : 03 hours  
(9.00 a.m – 12.00 noon)

Answer all questions.

1. A 56 year old married G<sub>0</sub>P<sub>0</sub> woman menopausal 7 years back. She had noticed mild enlargement of her lower abdomen over the last 6 months and this has caused discomfort when sitting. Her family history reveals that one of her younger sister died due to *Sartane Sadi* 3 years back. On abdominal examination, cystic mass was palpable in the hypogastrium on the right side, on P/V examination nodules felt through posterior fornix (> 1cm).
  - 1.1 What is your *tashkhees*? Give 5 reasons for your *tashkhees*? (05 Marks)
  - 1.2 What are the possible *alamat* would be developed in future in this case? (05 Marks)
  - 1.3 What are the primary and secondary prevention you can advice in females to prevent above condition. (05 Marks)
  - 1.4 Write proper *usoole ilaj* and *ilaj* to your *tashkhees*. (05 Marks)
  
2. Write the *Ma'mulate Matab* in following situations.
  - 2.1 A 22 year obese girl diagnosed as *Marz e Akyas e khussiyatur Rehm* (05 Marks)
  - 2.2 A 45 year old perimenopausal women suffering from *Nizfur Rehm Usrul Wazeefi*. (08 Marks)
  - 2.3 A 39 year old female suffering from symptomatic *Sala' e Rehm*. (07 Marks)
  
3. Give 3 *Nuskha* in following each conditions (Give your justification for selection of each *Nuskha*)
  - 3.1 *Nutue Rehm* (05 Marks)
  - 3.2 *Varm e Khalvi Aana* (05 Marks)
  - 3.3 *Usr e Tams Ibdidaee* (05 Marks)
  - 3.4 *Qillat e Tams* (05 Marks)
  
4. A couple has visited to your clinic after 2 years of married life for the first time with the complain of no children.
  - 4.1 Write all necessary investigations with the justification for above couple. (10 Marks)
  - 4.2 Write the management for this case if the problem is in ovulation. (05 Marks)
  - 4.3 Write your *Ma'mulat e Matab*, If the husband's *Jawhare mani* having problem in its morphology (05 Marks)

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5. 5.1 List 6 conditions in which you can suspect *Sartane Sadi* (03 Marks)
- 5.2 What are the investigations you would prescribe to conform the *Sartane Sadi*? (03 Marks)
- 5.3 How would you advise the *Sartane Sadi* patient in her course of treatment. (04 Marks)
- 5.4 Write the risk factors and prevention of condition mentioned in 5.1 (05 Marks)
- 5.5 Explain the Unani management of *Sartane Sadi*. (05 Marks)

29.04.2015