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EXAMINATIONS
Institute of Indigenous Medicine
27 JAN 2021
University of Colombo



INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO
DEGREE OF BACHELOR OF AYURVEDA MEDICINE AND SURGERY
LEVEL V – FIRST SEMESTER EXAMINATION – JANUARY – FEBRUARY 2021

PK 5102 - STREEROGA AND PRASUTITANTRA - I
(AYURVEDA GYNECOLOGY & OBSTETRICS)

Date: 27. 01. 2021
Time: 9.45 a.m. - 12.15 p.m.

Index No

Answer all questions.
Structured Essay Questions

1.
1.1. Define *Ritumathi* (01 mark)

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1.2. Describe the features of *Ritumathi* (02 marks)

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1.3. Explain the phase of *Ritu Chakra* which correlate to *Ritumathi* (03 mark)

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2.

2.1. Fill the blank with suitable words

(03 marks)

Disease	Clinical feature	Dominating Dosha
<i>Udavarta yoni vyapath</i>
.....	The fetuses after getting stability are repeatedly destroyed due to bleeding
<i>Arajaska</i>

2.2. State the treatment indicated for *Kaphaja Yoni Vyapath*

(02 marks)

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2.3. Mention three *Kashaya* can prescribed for *Kaphaja Yoni Vyapath*

(02 marks)

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3.

3.1. What are the common features to *Artava Kshaya* and *Ksheena Artava dushti* (02 marks)

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3.2. Describe the *Samprapthi* of *Artavakshaya* (02 marks)

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3.3. Name three external treatment procedures recommended for *Artava Kshaya* (02 marks)

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4. 26 years old, married lady who came to the outpatient clinic for *Vandhyatva*. Her husband's SFA report was normal and done on 2 weeks before.

4.1. Write the etiology of *Vandhyatva* according to the Acharya Charaka (02 marks)

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4.2. What is the Chikitsa Muladharna for *Vandhyatva*? (02 marks)

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4.3. How "Nasya" will help for *Vandhyatva*? (02 marks)

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5. A 53 years old, multiparous lady presents with the problems of vaginal discharges and passing urine when cough. She has also having backache and walking difficulty.

5.1. What is the differential diagnosis? (01 marks)

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5.2. What investigations are commonly done for the diagnosis? (01 mark)

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5.3. Prescribe two oral medicines with their dosage and *Anupana* beneficial for this condition (02 marks)

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5.4. Prescribe three external procedures with their effect for this condition (03 marks)

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6.

6.1. Classify vaginal discharges on the basis of consistency, colour and smell (02 marks)

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6.2. *Yoni Prakshalana* is commonly used external treatment procedure for *Yoni Srava*. Write equipment, preparation of client and procedure of *Yoni Prakshalana*

Equipment: (02 marks)

1.
2.
3.

Preparation of client: (02 marks)

1.
2.
3.

Procedure:

(02 marks)

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Essay Questions

1. State *Nidana Samprapthi*, clinical features, suitable investigations and a treatment can prescribed at OPD (A decoction, pill and a powder) for following conditions.
- a. *Garbhashagata Arbuda*
 - b. *Vatala Yoni Vyapath*
 - c. *Soma Roga*
 - d. *Yoni Kanda*
- (20 marks)

2. A lady, 28 years of age complains about excessive menstruation for 2 years.
- a) What is the diagnosis? (02 marks)
 - b) Brief the principles of treatment of above condition (04 marks)
 - c) Write two external treatment procedures with medicines for above condition. (04 marks)
 - d) Write three oral medicines with mode of action, dose and Anupana (06 marks)
 - e) How this pathology going to affect her future fertility? (04 marks)
