

INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO, RAJAGIRIYA
BAMS LEVEL IV – SECOND SEMESTER EXAMINATION – AUGUST 2017

MASSAGE THERAPY
COURSE CODE – KC 4204

18.09.2017
Time: 1 ½ hours
1.45 p.m. – 3.15 p.m

Answer all questions.

Index No

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Part I - Structured Essay Questions

01. i. Define the massage?

(05 Marks)

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ii. List Physiological, Psychological and Spiritual benefits of Head massage.

(10 Marks)

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02 i. Mention the three types of Face massage.

(05 Marks)

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ii. Write down the method of scalp massage in elderly

(10 Marks)

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Part II – Essay Questions

01. i. Describe the two (02) massage techniques

(10 Marks)

ii. Describe the procedure of baby massage

(10 Marks)

02. i. Mention the contraindications of massage.

(06 Marks)

ii. Write down the steps of one type of face massage.

(07 Marks)

iii. List out the therapeutic effects of massage to the lower limb

(07 Marks)
