

INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO, RAJAGIRIYA
BAMS LEVEL IV – SECOND SEMESTER EXAMINATION – MAY 2016

MASSAGE THERAPY
COURSE CODE – KC 4204

07.07.2016
Time: 1 ½ hours
9.45 a.m. – 11.15 a.m

Index No

Answer all questions.

Part I - Structured Essay Questions

01. i. Brief the sub types of the friction (04 Marks)

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ii. Write down a brief account on kneading and its subtypes (05 Marks)

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iii. Describe the following massage techniques

a. Plucking (03 Marks)

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b. Squeezing

(03 Marks)

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02. i. Benefits of baby massage

(05 Marks)

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ii. Benefits of massage during pregnancy

(05 Marks)

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iii. Name five massage contraindicated medical conditions with explanations

(05 Marks)

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03. i. What are the differences of elderly massage and general massage? (05 Marks)

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ii. Write down the method of scalp massage in elderly (05 Marks)

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iii. Briefly describe the Circling massage techniques (05 Marks)

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Part II – Essay Questions

01. i. Briefly discuss the floor plan of a massage therapy centre based on वास्तु शास्त्र. (10 Marks)
ii. Write down the staff requirement of a professional massage therapy centre, emphasizing the importance of qualified physician and need of well trained therapists. (10 Marks)
02. i. List the steps of doing head and face massage (08 Marks)
ii. List Physiological, Psychological and Spiritual benefits of Head and Face massage. (12 Marks)
