



INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO  
 DEGREE OF BACHELOR OF AYURVEDA MEDICINE AND SURGERY  
 LEVEL IV – FIRST SEMESTER EXAMINATION – MAY/JUNE, 2019  
 KC 4103 - KAYACHIKITSA (AYURVEDA CLINICAL MEDICINE) - I

EXAMINATIONS  
 Faculty of Medicine  
 18 JUN 2019  
 University of Colombo

Date: 18.06.2019  
 Time: 9.45 a.m. to 12.15 p.m.

Index No

Answer all questions

Part I - Structured Questions

1.  
 1.1. Write down the *Chikitsa sutra* of *Sannipata jwara* and describe it (03 Marks)  
 .....  
 .....  
 .....  
 .....  
 .....  
 .....  
 .....  
 .....  
 .....

1.2. Name and list out one (1) decoction for *Sannipata jwara* (02 Marks)  
 .....  
 .....  
 .....  
 .....  
 .....  
 .....  
 .....  
 .....

1.3. Briefly describe the methods of "*Langhana*" in *Jwara chikitsa* (02 Marks)

.....

.....

.....

.....

.....

.....

.....

2.

2.1. What are the symptoms of *Urdvagata Amlapitta*? (02 Marks)

.....

.....

.....

.....

.....

.....

.....

2.2. Write 03 varieties of prepared medicine with name and dosage can be used for *Amlapitta* (03 Marks)

.....

.....

.....

.....

.....

.....

2.3. Write down the differences between *Amlapitta* and *Annadrava shula* (02 Marks)

.....

.....

.....

.....

.....

.....

3

3.1. Complete the stanza and write down its meaning (02 Marks)

'Dehesrotansi.....ekangasansrayan'

.....

.....

.....

.....

.....

.....

.....

.....

3.2. Write down the *Chikitsa sutra* of *Ardita roga* according to Ayurveda texts (02 Marks)

.....

.....

.....

.....

.....

.....

.....

.....

3.3. Complete the following decoction with ingredients and method of preparation (03 Marks)

'Dhanada nayana shunti.....

.....

.....

.....

.....

.....

.....

.....

.....

4.

4.1. Define '*Amaja shula*' according to Ayurveda (02 Marks)

.....

.....

.....

.....

.....

.....



4.2. "Visuchika, Alasaka, Dandalasaka and Vilambhika are best examples for describe Trividha dosha gati"

Fill the blanks with the help of above statement. (04 Marks)

Food taken in improper quantity leads to aggravation of all the three *Dosha* residing in the stomach and obstruct a part of it. Immediately move through upward and downward in tracts separately leads to manifestation of disease ..... (01 Mark). If ingested food contents gets contaminated due to vitiated *Kapha* and *Vayu* neither move upwards nor downward is known as ..... (01 Mark). If the extremely vitiated *Dosha* move side wards due to the obstruction of the passage by undigested food or immature food product and at times make the body of the patient rigid known as ..... (01 Mark). If the passage gets obstructed by *Kapha* due to excessive adhesiveness of the food product and it is impossible to come out of the stomach. Therefore, all the symptoms of *Amadosha* except vomiting and diarrhoea are manifested in ..... (01 Mark).

5.

5.1. Complete the stanza "Haridra netra sa brushah....." and write the interpretation /meaning (02 Marks)

.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....

5.2. Write down one (01) classification of *Kamala roga* (02 Marks)

.....  
.....  
.....  
.....  
.....  
.....  
.....

5.3. Write two (02) examples of following sub topics for the treatment of *Kamala* (02 Marks)

a. Decoctions:

.....  
.....

b. *Ghruta*:

.....  
.....

6.

6.1. Write down *Raktatisara lakshana* and the differential diagnosis of bleeding per rectum

(02 Marks)

.....  
.....  
.....  
.....  
.....  
.....  
.....

6.2. Write the ingredients and method of preparation of '*Bilvo rasna bala daru.....*' decoction

(03 Marks)

.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....

6.2. Complete the stanza '*Rudhva swedambuvahini .....*' and briefly describe it (02 Marks)

.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....

**Part II – Essay Questions**

- 1.
- 1.1 Explain the *Chikitsa sutra* of *Grahani roga* (05 Marks)
- 1.2 Write down two (02) decoctions and two (02) prepared medicines which can be administered in treatment of *Grahani roga* (05 Marks)
- 1.3 Briefly explain the reasons for prohibition of *Samgrahana aushadha* at the beginning of *Atisara chikitsa*, incorporating *Atisara chikitsa sutra* and write down one (1) *Pramatya yoga* recipe (05 Marks)
- 1.4 “*Nasthi thailanm param kinchit aushadham maruta paham...* ” (Ch.Ch.28)  
According to the above stanza, briefly explain how to pacify vitiated *Vata* by oil (05 Marks)
2. Part A
- 2.1. Sixty-eight (68) years old female patient present with dysarthria, imbalance during walking and with minor tremors in left upper arm for one year. What would be the differential diagnosis (03 Marks)
- 2.2. What are the treatment principles could be recommended to the above clinical condition according to the Ayurveda texts and write down one decoction with its ingredients and prepared medicine for the above clinical entity (07 Marks)
2. Part B
- 2.3. Write down the treatment for *Jirna jwara* according to *Chikitsa muladharm* (05 Marks)
- 2.4. Write down following decoctions and list them (05 Marks)  
a.) *Arkanantadi* decoction  
b.) *Bhunimbadi ashtadashanga* decoction

\*\*\*\*\*