

INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO, RAJAGIRIYA

BUMS LEVEL I – SECOND SEMESTER EXAMINATION – MARCH 2019

TAREEKH E TIBB VA AKHLAQIYYA – II (HISTORY OF MEDICINE AND BEHAVIORAL SCIENCE)

COURSE CODE – KU 1203

Index Number

Time: 1 hour
 9.00am – 10.00am
 Date: 22.03.2019

Answer all questions

Part – 1 Structured Questions

01

1.1 List out 6 benefits of effective time management? (3 Marks)

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1.2 Describe the symptoms and signs of stress? (4 Marks)

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1.3 Define the test anxiety and mention 4 features of test anxiety. (3 Marks)

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1.4 Describe the contribution of Self talk in positive thinking

(3 Marks)

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1.5 Describe your time management during exams?

(3 Marks)

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1.6 List 8 ways how do you handle conflict between your two friends?

(4 Marks)

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02

2.1 Define the term "Doctor – patient relationship". (3 Marks)

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2.2 Describe the Paternalistic approach (4 Marks)

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2.3 Describe the patient centered approach. (4 Marks)

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2.4 List the Key aspects of patient centered consultation. (3 Marks)

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2.5 Describe the word 'Health Literacy'.

(3Marks)

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2.6 Name 4 tests to identify health literacy.

(3Marks)

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Part II Essay Questions

(1) Write short notes on

- A. Abnormal psychology
- A. Stress management
- B. Human memory

(20 Marks)
(20 Marks)
(20 Marks)

22.03.2019