

**INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO, RAJAGIRIYA**  
**BUMS LEVEL I – SECOND SEMESTER EXAMINATION – MARCH 2019**

**AL UMOOR AL TABA'IYYA – II**

**COURSE CODE – KU 1202**

**Index Number**

**Time – 1 ½ hours**  
**(9.45 a.m – 11.15 a.m)**

**Answer all questions.**

**Part 1 - Structured Questions**

**01.**

1.1 List out four characteristic features of pure water according to Unani medicine (2 Marks)

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1.2 “Certain foods aggravate certain types of humour” explain this statement according to the Point of Unani medicine. (6 Marks)

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1.3 List out the basics of a Natural Diet

(3 Marks)

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1.4 Briefly explain about the “*Mizaj* of Foods”.

(5 Marks)

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1.5 Give 02 examples for each of the following

(4 Marks)

a. Positive *Damavi* emotions:

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b. Negative *Safravi* emotions:

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c. Positive *Balghami* emotions:

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d. Negative *Sawdavi* emotions:

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2.

2.1 What Unani says about hygiene?

(1 Mark)

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2.2 Mention the essential factors in *Sit e Zarooriya* (strict to Unani terminologies).

(3 Marks)

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2.3 Write 4 examples of high-fiber Diet and mention 5 benefits of high-fiber Diet.

(6 Marks)

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2.4 Write 6 features in aggravation of *Shafra* during summer weather

(3 Marks)

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2.5 Write 3 main problems of polluted air in *Unani*

(3 Marks)

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2.6 List *Ajnas-e-Adulla-e-Bole* (strict to Unani terminologies)

(4 Marks)

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### Part II - Essay Questions

01

1.1 How *Moasam as Shata* and *Moasam as Saif* influence on the human physiology. (10 Marks)

1.2 Write Superficial and Deep pulses on the radial artery (10 Marks)

02

2.1 Describe the Unani concept of the *Tabiat*. (4 Marks)

2.2 Explain the role of *Tabiat* in present Era (4 Marks)

2.3 Write a detail account on how *Tabiat* helps in health promotion according to Unani Medicine. (6 Marks)

2.4 Explain the following statement

“*Tabiat* is the real healer” (6 Marks)

18.03.2019