

1.2 Define different *ta'reefe sehat*

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(05 Marks)

2.
2.1 Define *Mutawazin e ghiza*

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(05 Marks)

2.2 Explain implementation of Unani concept of *Mutawazin e ghiza* in the level of primordial prevention

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(05 Marks)

Essay Questions

01.

1.1 Define *riyazat* (03 Marks)

1.2 Briefly explain *Aqsam e riyazat* (05 Marks)

1.3 Compare and contrast preventive aspect of *riyazat* and levels of prevention with examples (12 Marks)

02.

68 years old male came to TST OPD with the complaints of *Zof e hazim* and *Zof e badan* for 3 months.

2.1 Briefly discuss importance of Unani concept of *asnan e arba* in disease prevention (08 Marks)

2.2 Elaborate *Tadbeer e Masaikh* for above patient (12 Marks)

03.

Briefly explain the followings

3.1 *Taghayurat e tabayee hawa* (05 Marks)

3.2 *Ilaj bil Taghziya* (05 Marks)

3.3 *Halat e Badan* (05 Marks)

3.4 Beneficial effects of *hammam* (05 Marks)