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EXAMINATIONS
Institute of Indigenous Medicine
09 DEC 2019
University of Colombo

INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO
DEGREE OF BACHELOR OF AYURVEDA MEDICINE AND SURGERY
LEVEL I – FIRST SEMESTER SUPPLEMENTARY EXAMINATION – NOV- DEC 2019

MS 1101 – AYURVEDA MULADHARMA

Date : 09. 12. 2019
Time : 9.45 am. 12.15 pm

Index No

Answer all questions

Part I - Structured Questions

(I) I. Give one definition of Āyurveda and its meaning (01 Mark)

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II. What the outcomes (Prayojana) of Āyurveda (01 Mark)

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III. Give the 3 Synonyms of Āyu with their meaning (03 Marks)

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IV. Explain the following Stanza (03 Marks)

Sattvamātmā śarīraṃ ca trayametattridaṇḍavat

Lokastiṭhathi Samyogāt tatra sarvaṃ prathiṣṭhitam (Caraka Sūtra 1/46)

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(2) I. What is the Pañcabhūta constitution of Kapha? (01 Mark)

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II. How do you identify that person is in Kapha Caya Stage? (02 Marks)

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III. Name five types of Kapha and their main sites. (03 Marks)

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(3) I. What is the meaning of Loka Puruṣa Sāmya ? (01 Mark)

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II. Give two examples for Loka Puruṣa Sāmya. (02 Marks)

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III. Explain how man survives through the help of world. (03 Marks)

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(4) I. Name the five types of Vata Dosha upholds the body. (02 Marks)

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II. Write the functions of one of the type mentioned above. (02 Marks)

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III. Write five symptoms of vitiated Vata dosha . (02marks)

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(5) I. What are the sites (Sthāna) of Pitta ? (02 Marks)

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II. What are the Lakṣaṇa of Pitta Kopa ? (03 Marks)

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III. Name five types of Pitta and their main function.

(03 Marks)

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(6) I. List the Saptha Dhathu in the table below and state major function of each Dhathu.

(03 marks)

	Name of the Dhathu	Main function
1.		
2.		
3.		
4.		
5.		
6.		
7.		

II. Write main Panchabhuthik contribution of each Dhatu stated below.

(03 marks)

Asthi Dhathu

Majja Dhathu

Raktha Dhathu

Part II - Essay Questions

Essay Type Questions

1. Explain the causes of vitiation of Kapha and the line of treatment. (20 Marks)

2. I. How do you find "Uttama Sàra" of each Dhàtu in a person? Give the details. (10 Marks)

II. Describe the power of *Mala* (waste) to sustain the body up to a certain limit in specific diseased conditions; give examples. (10 Marks)

09. 12. 2019