

INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO, RAJAGIRIYA

BUMS LEVEL IV – FIRST SEMESTER EXAMINATION – JANUARY 2018

HERBAL BEAUTY CULTURE

COURSE CODE – TS 4205

Date - 22.01.2018

Time - 1 ½ hours

(9.45 am – 11.15 am)

Answer all questions.

Index No

Part I - Structured Questions

01. a. List all steps of facial treatment

(08 Marks)

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b. Briefly explain the cleansing procedure

(08 Marks)

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c. List the ingredients of Avocado moisturizer

(04 Marks)

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02. a. Define the term Aroma therapy

(05 Marks)

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b. Explain the two ways of absorption of aroma into body

(05 Marks)

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c. List the aroma oils and classify them according to the evaporation rate (05 Marks)

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d. Write the methods of aroma therapy that can be used (05 Marks)

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Part II – Essay Questions

01. a. Explain the risk factors which influence the beauty of women (06 Marks)
b. List the advices that you would provide to a woman of 45 years old to maintain her beauty and health (06 Marks)
c. Write how nature helps to maintain the beauty of women (04 Marks)
d. Give the role of Unani practitioner in the field of herbal beauty culture (04 Marks)
02. a. List the types of hair (04 Marks)
b. What are the tests and procedure we use to identify the hair types (04 Marks)
c. Write the features of oily hair (06 Marks)
d. List the common hair problems (06 Marks)