

INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO, RAJAGIRIYA  
BUMS LEVEL IV – FIRST SEMESTER EXAMINATION – DECEMBER 2016  
MASSAGE AND PHYSICAL THERAPY  
COURSE CODE – MJ 4205

**Time: 1 ½ hours**  
**( 9.45 am – 11.15 am)**

**Index No**

**Answer all questions.**

**Part I - Structured Questions**

01.

1.1. What are the 3 main categories of walking aids? (03 marks)

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1.2 Give 2 examples of each category mentioned in 1.1. (06 marks)

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3.4 What type of exercise should be used to improve the symptoms stated in 3.3? (02 marks)

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### Part II – Essay Questions

01. 1.1 Name 2 pathological conditions, related to the joints that can be treated with physiotherapy (05 marks)

1.2 Describe the aims of physiotherapy during immobilization period after a fracture of the shaft of the right tibia. (15 marks)

02. 2.1 Give a definition for “assistive devices” (05 marks)

2.2 Describe the usage of assistive devices in the process of rehabilitation of people with disabilities (15 marks)

17.01.2017