

INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO, RAJAGIRIYA

BUMS LEVEL III – FIRST SEMESTER EXAMINATION – OCTOBER 2017

TAHAFFUZI VO SAMAJI TIBB

COURSE CODE – TS 3101

**Time: 2 ½ an hours
9.45 a.m. – 12.15 p.m.**

Index no

Answer all questions.

Part I - Structured Questions

01

a. Define "*Ilaj bil Taghziya*"

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(02 Marks)

b. Write three objectives of *Ilaj bil Taghziya*

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(03 Marks)

c. List two methods of *Ilaj bil Taghziya*

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(02 Marks)

d. Give aqsam *e ghiza* according to consistency

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(03 Marks)

02

a. Define health according to WHO - 1948

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(03 Marks)

b. What is *sehat* and *halat e badan* according to *Jalinoos*

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(05 Marks)

c. List *aqsam e asbab e badani*

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(02 Marks)

Part II - Essay Questions

- 01.
- a. What is “*Hamam*”? (04 Marks)
 - b. Explain the beneficial effects of *Hamam* (06 Marks)
 - c. Briefly describe *aqsam e hammam* and its’ indications (10 Marks)
02. Short note on
- a. Beneficial effects of sleep (05 Marks)
 - b. *Aqsam e ghiza* (05 Marks)
 - c. *Asbab e ghair zarooriya* (05 Marks)
 - d. Stress management (05 Marks)
- 03.
- a. Define “*Riyazat*” (05 Marks)
 - b. Role of *riyazat* in maintaining health and disease (10 Marks)
 - c. *Masaikh ka riyazat* (05 Marks)

30.10.2017
