

**INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO, RAJAGIRIYA**  
**BUMS LEVEL 1 – SECOND END SEMESTER EXAMINATION – MARCH 2015**  
**AL UMOOR AL TABA'IYYA (PRINCIPLES OF HUMAN PHYSIS) - II**  
**COURSE CODE - KU 1202**

INDEX NO:

Time: 1 ½ hours  
9.45. a.m. – 11.15 a.m.

Answer all questions.

**Part I - Structured Questions**

1.  
A.

i. What are the diagnostic tools mentioned in Unani medicine?

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(02 Marks)

ii. Write types of *nabz* in following temperament.

- a. Cold .....
- b. Hot .....
- c. Wet .....
- d. Dry .....

(02 Mark)

iii. Write 5 characters of *nabz*.

- a. ....
- b. ....
- c. ....
- d. ....
- e. ....

(1.25 Marks)

iv. Mention types of *nabz* in following condition

- a. Pain .....
- b. Close to death .....
- c. *Falij* .....
- d. *Laqwa* .....
- e. *Varm e Harr* .....

(1.25 Marks)

v. Mention common sites for *nabz* reading.

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(1.75 Marks)

vi. Indicate the importance of recording pulse in human.

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(02 Marks)

vii. Write the features that you consider while recording the *kaifiyath* (quality) of expansion in *nabz*.

- a) .....
- b) .....
- c) .....

(0.75 Marks)

**B.**

i. A patient visit to a physician for some urinary complaints. Following urine related details were collected by the doctor

- Volume - < 400ml/day
- Colour - Dark yellow
- Type - Irritative

Indicate the patient's probable *mizaj*?

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(01 Mark)

ii. In which conditions protein will pass in bole?

- a. ....
- b. ....
- c. ....
- d. ....

(02 Marks)

iii. Mention *Ajnas e adila-e-bole* in Unani medicine.

- a. ....
- b. ....
- c. ....
- d. ....
- e. ....
- f. ....
- g. ....

(03 Marks)

iv. A patient coming and complaining you about his *baraz* as follows;

Following details of *baraz* of a person is given below

- Colour - tarry appearance
- Shape - thin
- Consistency - dry

Indicate his most probable *mizaj*.

.....

(01 Mark)

v . Write two diseases may occur in following seasons.

- a. Summer: ..... ; .....
- b. Autumn: ..... ; .....
- c. Winter: ..... ; .....
- d. Spring: ..... ; .....

(02 Marks)

02.

A. List the method of Diagnosis of *mizaj* by ten principles (*Ajnas –e-Ashra*) and it's English translation.

- |            |            |
|------------|------------|
| i. ....    | i. ....    |
| ii. ....   | ii. ....   |
| iii. ....  | iii. ....  |
| iv. ....   | iv. ....   |
| v. ....    | v. ....    |
| vi. ....   | vi. ....   |
| vii. ....  | vii. ....  |
| viii. .... | viii. .... |
| ix. ....   | ix. ....   |
| x. ....    | x. ....    |

(0.5 x 20 =10 Marks)

B. Four persons namely ABCD assessed for their *mizaj* through psychological (parameters) characters given bellow.

Person A	Person B	Person C	Person D
Moody	Passive	Touchy	Sociable
Anxious	Careful	Restless	Outgoing
Rigid	Thoughtful	Excitable	Talkative
Sober	Peaceful	Changeable	Responsive
Pessimistic	Controlled	Impulsive	Easygoing
Reserved	Reliable	Optimistic	Lively
Unsociable	Even-tempered	Active	Carefree
Quiet	Calm		Leadership

1. Person A probably belongs to which *Mizaj*? .....
2. Person B probably belongs to which *Mizaj*? .....
3. Person C probably belongs to which *Mizaj*? .....
4. Person D probably belongs to which *Mizaj*? .....

(2x 4 = 08 Marks)

C. List 03 objectives for individual *mizaj* analysis?

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(02 Marks)

## Part II - Essay Questions

1. A 25 years old male patient went to a doctor to seek medicine to his chronic constipation for 3 months. In conversation, doctor found that the patient has alteration in his bowel habit rather than constipation because he said some days he had absolutely normal bowel opening. Further he said that he had this condition since from his childhood or before, that he can't remember properly. Doctor found that the patient has stress and frequent gloomy mood. Doctor asked several questions and then concluded that patient's temperament is *sawdavi*.
  - i. Express your opinion on the above mentioned symptom/s with related to his *Sawdavi* temperament? Give the reasons with explanation. (04 Marks)
  - ii. How this condition differentiate with other *mizaj* individuals bowel habits (with appropriate reason/s). (2.5 Marks)
  - iii. Write the other four physiological factors in details taken by the doctor to come to finalize the *mizaj* of the patient (exclude the one given here.) (4.5 Marks)
  - iv. How this persons physical character differ from the physical character of *Damavi Mizaj* individual. (04 Marks)
  - v. If the same person visit to you what is your advice for his complaint include in diet or any other. (05 Marks)
  
2. Write an account on '*Asbab e Sithe Zarooriya*' to maintenance of Shehath (health)in human. (20 Marks)

30.03.2015