

**INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO, RAJAGIRIYA**  
**BUMS LEVEL V – FIRST SEMESTER EXAMINATION – FEBRUARY 2017**  
**AMRAZ E NISWAN VA QABALAT (Unani Gyn. & Obst.) - I**  
**COURSE CODE - NQ 5102**

Time: 2 ½ hours  
 1.45 p.m. – 4.15 p.m

Answer all questions.

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**Part I – Structured Questions**

01.A 26 years old mother with 35 weeks gestation complaints painless, recurrent fresh *mehbal e jiryan e khoon*. O/E pulse rate 96/min, BP 110/70 mmHg, mild pallor, fundal Ht.36 weeks, relaxed, single fetus, cephalic presentation, liquor adequate and P/V – fresh bleeding.

1.1 What is your clinical *tashkees*

.....

(01 Mark)

1.2 What is the main missing part of examination in this case

.....

.....

(02 Marks)

1.3 Write *awarizath* of this case

*Hamila:* ..... *Janeen:* .....

.....

.....

(03 Marks)

1.4 In the above case which mode of delivery you would decide as better ?

.....  
.....  
.....  
.....

(02 Marks)

1.5 Write the *tafreeq e tashkhees* of *jiryan e khoon mehbali* after 30 weeks of gestation (*Masheema* not related)

1. .... 2. ....  
3. .... 4. ....

(02 Marks)

02. A mother 30 of weeks gestation admitted to the hospital with *zightud dam qavi* and *thahabbuj*.

2.1. Give 4 *tafreeq e taskhees* of above case.

1. .... 2. ....  
3. .... 4. ....

( 02 Marks )

2.2. Who are susceptible to get *tasamum e dam*

1. .... 2. ....  
3. .... 4. ....

( 02 Marks )

2.3. Write the management of *tasamum e dam*

- 1. *Ilaj bil ghiza* : .....
- .....
- 2. *Ilaj bil dawa* : .....
- .....
- 3. *Ilaj bil tadbeer* : .....
- .....
- 4. *Ilaj bil yad* : .....
- .....

( 02 Marks )

2.4. Answer the following questions about *zaman e nifasi* mother have some questions related to after delivery.

1. When should I start breast feeding after my caesarian section ?

.....

.....

.....

( 01 Mark )

2. I want to go to the work after 1 ½ month, 10 kilometers away from my living place, how long can I preserve my expressed breast milk?

- 1.Room temperature.....
- 2.Refrigerator.....
- 3.Deep freezer.....

( 01 Mark )

3. I want to discontinue the breast feeding after 7 months

What are the routine practices

To be done :

.....  
.....

Not to be done :

.....  
.....

( 02 Marks )

#### Part –II Essay type Questions

01. An 18 years old lady in her first pregnancy is admitted to the antenatal ward for observation. She is 26 weeks pregnant. Consider the following results;

- serum urate at 24 weeks-150mc mole/L; at 26 weeks-230mc mole/L
- 24 hour urinary protein (g/sare) 0.6 at 24/52; 3.5 at 26/52.
- Platelet count-23000 at 24 weeks; 120000 at 26 weeks.

- a. What is the most probable diagnosis and give 3 evidence for your diagnosis ? (03 Marks)
- b. List the maternal sign that would help guide our management? (03 Marks)
- c. What are the three possible maternal complications can be occur of this disease if it is remain untreated? (03 Marks)
- d. What are the investigations would you perform on the fetus? (05Marks)
- e. How this woman should be managed? (06 Marks)

02. A 26 years old woman presented at 29 weeks gestation in her first pregnancy. She give a good history of ruptured membrane 3 hours prior to admission, on clinical examination, no uterine activity was noted. The maternal blood pressure 140/75mmHg, temperature 37 °C and the maternal pulse rate was 80/minute. An aseptic speculum examination revealed clear fluid in the vagina.

- a. Outline 4 investigation that would be useful in the further management of the this patient with confirmed ruptured fetal membrane? (06 Marks)
- b. The woman delivering after preterm rupture of the fetal membrane what post natal complications are important? (06 Marks)
- c. How would advice this woman in her next pregnancy? (08 Marks)

03. a. List the deferent type of contraception available globally for male and female under fallowing heading:

- (i) Emergency (03 Marks)
- (ii) Temporary (05Marks)
- (iii) Permanent (sterilisation) (02 Marks)

b. Discuss the mechanism of actions, side effects, advantages, contraindication and non contraceptive benefit of each method? (10 Marks)

27.02.2017