

**INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO, RAJAGIRIYA**

**BUMS LEVEL 1 – SECOND SEMESTER EXAMINATION – FEBRUARY 2017**

**Al Umoor al Tab'iyya – II (Principles of Human Physis)**

**COURSE CODE - KU 1202**

**EXAMINATIONS**  
Institute of Indigenous Medicine  
**14 FEB 2017**  
University of Colombo

INDEX NO:

**Time: 1 1/2 hours**  
**1.45 p.m. – 3.15 p.m**

**Answer all questions.**

**Part I - Structured Questions**

**01.**

1.1 Specify 3 special qualities that the natural diet posses and generally what kind of food should be avoided in accordance with the Unani concept. (03 Marks)

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1.2 Mention 3 main diseases that highly relate with improper diet behavior. (03 Marks)

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1.3 How does physiology work during 'Moasam as Shata'? (04 Marks)

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1.4 List 6 symptoms of the aggravation of Balgham in winter.

(03 Marks)

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1.5 Explain the reasons that diet selection changes between the summer season and winter season.

(05 Marks)

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1.6 Write the symptoms of aggravation of yellow bile in summer season. (02 Marks)

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**02.**

2.1 Define nabz. (02 Marks)

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2.2 What are the advantages of taking the nabz at the radial artery? (03 Marks)

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2.3 Mention two main difficulties that you faced during pulse taking or pulse reading of a patient at the ward. (02 Marks)

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2.4 List what are the basic qualities you should consider while taking pulse. (use the tibbi terminology and its equivalents) (05 Marks)

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2.5 Illustrate the superficial and deep pulse of the Left hand indicating the respective organs and with the following positions. (cubit, median, carpal) (03 Marks)

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2.6 Write different terminologies that are uses during pulse recording. (03 Marks)

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2.7 What do you understand by the term 'balance pulse' and 'imbalance pulse' in Unani concept? (02 Marks)

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**Part II – Essay Questions**

01.

1.1 Unani medicine says 'not to eat when you're tired, angry, upset or worried. Explain this statement utilizing modern knowledge (06 Marks)

1.2 Write notes on the following headings

- a. Responsibility of Quwath-e-Haiwaniya in immunity (06 Marks)
- b. Diet selection in the aggravation of choleric humour (include the tastes) (08 Marks)

02.

2.1 Write the importance of cleansing methods (06 Marks)

2.2 Write notes on the following

- a. Waste product of vital faculty (04 Marks)
- b. Collection of a sample of urine (05 Marks)
- c. Contribution of natural faculty and immunity (05 Marks)

14.02.2017