

INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO, RAJAGIRIYA
BAMS LEVEL III – SECOND SEMESTER EXAMINATION – JUNE 2017
SWASTHAVRITTA (COMMUNITY MEDICINE)
COURSE CODE – SW 3202

Time: 2 ½ hours
9.45 a.m. – 12.15 noon

Answer all questions.

Index No

Part I
Structured Essay Questions

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01. i. Complete following shloka (Charaka Suthra 27/349)

“Prananmprana.....
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(03 Marks)

ii. Write benefits of food according to above shloka.

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(02 Marks)

iii. How can nutrient losses be minimized during cooking?

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(02 Marks)

02. i. What are the effects of fruits on positive health?

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(02 Marks)

ii. Name vitamins and minerals which are included in grapes.

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(02 Marks)

iii. Avocado is a good source for cardiac health. Why?

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(02 Marks)

03. 55 years old male patient presented to the doctor c/o nocturnal urea, thirst and numbness of feet

i. What is the probable diagnosis?

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(01 Mark)

ii. Write 04 investigations with normal values to confirm the diagnosis

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(02 Marks)

iii. What are the measures to manage above condition?

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(03 Marks)

04 i. Write the definition of Vyadhikshamatva with its meaning

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(02 Marks)

ii. Give 2 synonyms for Vyadhikshamatva

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(01 Mark)

iii. What is Yukthikrutabala?

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(02 Marks)

(iv) Write 2 single drugs and 2 compound drugs to enhance Vyadhikshamatva

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(02 Marks)

Essay Question

- 01. i. Discuss in brief breast milk and its' benefits on infant health. (04 Marks)
- ii. Qualities of Navanitha (butter). (04 Marks)
- iii. What are the risk factors of Non Communicable Diseases? (04 Marks)
- iv. Explain Primordial and Primary prevention of blindness (04 Marks)
- v. How to prevent diabetes mellitus through diet modification? (04 Marks)

Part II
Structured Essay Questions

Index No

05. You are working as a Medical Officer at your health clinic. A newly married couple comes to you for advice on planning their family; the husband is 20 years and the wife is 18 years old;

i. Name advantages of family planning?

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(02 Marks)

ii. Name different non-hormonal methods that are available to them.

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(03 Marks)

iii. Give advantages of different Hormonal methods.

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(02 Marks)

06.

i. What is the importance of nutrition for an infant?

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(02 Marks)

ii. What are the advantages of breast feeding to the infant and to the mother?

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(03 Marks)

iii. Write the methods you can use as a doctor to identify an under-nutrition of your patient who is a child below 5 years.

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(02 Marks)

Essay Question

1. Briefly explain two main types of air pollution and It's sources and what are the diseases it can develop in humans

(20 Marks)

19.06.2017