

EXAMINATIONS  
UNIVERSITY OF COLOMBO  
06 JUN 2016  
24

**INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO, RAJAGIRIYA**  
**BAMS LEVEL III – SECOND SEMESTER EXAMINATION MAY 2016**  
**SWASTHAVRITHA (COMMUNITY MEDICINE)**  
**COURSE CODE – SW 3202**

Time: 2 ½ hours  
9.45 a.m. – 12.15 p.m

Answer all questions.

Index No

**Part I – Structured Essay Questions**

1. a. What is the meaning of Sukadhanya? (01 Mark)

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b. What are the benefits of Sukadhanya.? (02 Marks)

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c. Give three qualities of Samidhanya. (03 Marks)

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2. a. Charaka Sutrasthana, 28:7 describes Vyaadhisamatva as, (02 Marks)

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b. Name types of Vyaadhisamatva in Ayurveda. (02 Marks)

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c. What are the factors responsible for enhancement of immunity in the body? (03 Marks)

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3. a. Define stroke according to WHO (01 Mark)

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b. What are the risk factors of stroke?

(03 Marks)

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c. Briefly explain the primordial prevention of Coronary Heart Disease

(03 Marks)

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4. a. *Prasngath gatra sansparshath*.....

Complete this shloka

(02 Marks)

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b. Write the meaning of this shloka

(02 Marks)

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c. Write 04 water borne diseases

(02 Marks)

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5. You are working as a Medical Officer at your health clinic. A mother brings her one year old child to you, who's reported birth weight is 3kg and his present weight is 6kg.

a. What is your option about the weight of the baby?

(01 Mark)

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b. What is your nutritional advice to the mother?

(02 Marks)

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c. Name the immunization that the baby should have received by one year? (02 Marks)

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d. What and when is the next immunization that child should receive after one year? (02 Marks)

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6. What are the

a. Four main determinants of health states? (02 Marks)

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b. Give one example per determinant? (02 Marks)

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c. Explain with examples how lifestyle and behavior can influence patient's health?

(03 Marks)

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**Part II – Essay Questions**

01. Diabetes Mellitus (DM) is a leading non-communicable disease in Sri Lanka. Describe by giving examples for all levels of prevention how you will prevent DM in your community where you practice as a doctor (20 Marks)

02. Write short notes on,

- i. Quality of Nutrients in meats.
- ii. Ayurvedic concepts of breast milk.
- iii. Causative factors of Janapadodhvamsa roga
- iv. Primordial prevention of High Blood Pressure
- v. Asankramika roga

(05 x 4 Marks)

06.06.2016