

141
EXAMINATIONS
Institute of Indigenous Med
15 AUG 2018
University of Colomb

INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO, RAJAGIRIYA of Colomb
BAMS LEVEL III – SECOND SEMESTER EXAMINATION – JUNE 2018

SWASTHAVRITTA - II
COURSE CODE – SW 3202

Time: 2 1/2 hours
9.45 a.m. – 12.15 p.m.

Answer all questions.

Index No

Part I - Swasthavritta

Structured Questions

1.

1.1 Complete following shloka.(Ca.su.27/220) (02 marks)

“Jagam kashayamadura.....
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1.2 Name four (04) medicines which are used *Jagam payam* as its ingredient. (02 marks)

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1.3 How does cows' milk differ from human milk? (03 marks)

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2.

2.1 Define blindness

(02 marks)

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2.2 Write 04 main causative factors for blindness

(02 marks)

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2.3 Write 06 measures to protect the eyes

(03 marks)

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3.

3.1 What is Impaired Glucose Tolerance (IGT)

(01 mark)

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3.2 Write 04 environmental risk factors for diabetes mellitus

(02 marks)

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3.3 Write the cut off values for low, medium and high Glycemic Index. (01 mark)

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3.4. Give 04 food items which are having low Glycemic Index. (02 marks)

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4.

4.1 Write 3 adverse effects of maternal under nutrition. (1.5 marks)

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4.2 Write 2 adverse effects of childhood under nutrition? (01 mark)

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4.3 What is the regimen for antenatal care in Ayurveda? (0.5 mark)

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Briefly explain following statements;

4.4 All *acharya* have prescribed milk and milk products during the first trimester of pregnancy. (02 marks)

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4.5 It is very important to take *Jangala mansa* during the second trimester of pregnancy.
(02 marks)

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Essay Questions

1. Discuss in brief; (5x4 = 20 marks)
- 1.1 Ahara vidividana
 - 1.2 Malnutrition related Diabetes mellitus
 - 1.3 Trivida bala
 - 1.4 Identification of a mentally healthy person

15.08.2018