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**INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO, RAJAGIRIYA**  
**BAMS LEVEL III – SECOND SEMESTER EXAMINATION – JUNE 2017**  
**CHIKITSA MULADHARMA AND PANCHAKARMA - II**  
**COURSE CODE – KC 3202**

Time: 2 ½ hours

9.45 a.m. – 12.15 p.m.

Index No

Answer all questions.

**Part I**

**Structured Essay Questions**

1. a. What is Taila Vicharana (02 Marks)

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b. Write down the management of Ati-Vamana (02 Marks)

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c. Explain the method of applying Anjana (Collyrium) (03 Marks)

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2. a. Complete the following stanza and list out the Vasti Nētra Dōsha accordingly  
भ्रस्वं दीर्गं तनु स्थुलं ..... (Ca/Si/5/4-5) (03 Marks)

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- b. What are the Vyapad of Vasti Nētra Dōsha? (02 Marks)

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- c. What are the Samayak Yoga Lakshana of Anuvāsana Vasti ? (02 Marks)

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3. After proper examination of Roga-Rogi, you found that patient is having Bala-bhramsha (less strength), Gaurava (heaviness of the body), Aruchi (not interest to having food).

- a. What will be the Purvakarma done by you to initiate the treatment? (02 Marks)

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- b. Give good Sampadita Aushadha (Medicinal Preparation) for above purpose. (01 Mark)

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- If you need to detach Dosha from the Srotas and move towards to Koshtha
- c. Which Purvakarma would you prescribe to achieve this? (02 Marks)

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- If Dosha ready to come out through the external orifices
- d. What are the suitable Pradhanakarma? (02 Marks)

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4. a. Briefly explain the meaning of this statement "Nasa hi Shiraso Dvaram" (02 Marks)

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- b. Write down three Indications and Contraindications of Pratimarsha Nasya (02 Marks)

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- c. Brief five differences of the Marsha and Pratimarsha Nasya (03 Marks)

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5. a. Write down the definition of 'Sveda' (02 Marks)

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b. Give 3 Sveda Prabheda that can be administered as Sarvanga-Sveda (02 Marks)

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c. Write down 3 examples for Ruksha-Sveda (02 Marks)

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06. a. What parameters do you consider for assessing the Koshtha and how do you apply this knowledge of Koshtha for the administration of Virechana Aushadha? (02 Marks)

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b. Briefly explain the procedure of Virechana Karma (02 Marks)

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c. Mention the Samyak Virikta Lakshana according to classical texts.

(02 Marks)

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## Part II

### Essay Questions

1. Write short notes

- Panchakarma can be considered as the most important Chikitsa of Ayurveda. Briefly discuss the purpose and benefits of Panchakarma Chikitsa (05 Marks)
- Importance of Purvakarma in Panchakarma Chikitsa (05 Marks)
- Explain the method of Akshi Tarpana (05 Marks)
- Describe Samyak Sweda Lakshana (05 Marks)

2. Fifty six year old male patient suffering from a Vatavyadhi since 1 month, presented to the OPD clinic. On history taking, it was also found that he has **not passed stools for past ten days**. According to the medical reports given by the patient; he has no any other significant medical problems.

- What would be possible Shodhana-karma to the above patient (02 Marks)
- Describe the common method of preparation of Niruha Vasti (05 Marks)
- Briefly explain the procedure of Niruha Vasti administration to the above patient (10 Marks)
- What are the complications of Vasti Karma and briefly mention their management (03 Marks)