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INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO, RAJAGIRIYA
BAMS LEVEL III – FIRST SEMESTER EXAMINATION – OCTOBER 2017
CHIKITSA MULADHARMA AND PANCHAKARMA
(FUNDAMENTALS OF THERAPEUTICS AND PANCHAKARMA –I)
COURSE CODE – KC 3102

Date: 08.11.2017
 Time: 2 ½ hours
 (9.45 a.m. – 12.15 p.m.)

Answer all questions.

Index No

Part I – Structured Essay Questions

01.

1.1 List out the types of Keraliya Panchakarma (02 Marks)

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1.2 Explain the procedure of performing Shirodhara (03 Marks)

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1.3 Describe the method of preparing milk rice for Navara Kizhi (02 Marks)

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02.

2.1 Name Chaturvidha Chikitsā and describe them (02 Marks)

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2.2 Name the types of Shamana Chikitsā and discuss them briefly (02 Marks)

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2.3 Describe Cikitsā Maryādā (02 Marks)

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2.4 Who is Chikitsa Purusha? (01 Mark)

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03.

3.1 अब्यन्ग सेक.....विद्यादुत्तरोत्थारं (A.Hr/Su/22/23)

Complete the above stanza and write down the treatment modalities mentioned. (02 Marks)

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3.2 What are the benefits of Abhyanga? (02 Marks)

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3.3 What are the difference in between Shirōpichu and Shiroshēka according to *Ayurveda* texts?
(02 Marks)

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04.

4.1 Complete the table based on the principles of treatment for Sthana Dosha Chikitsa in Prasara Avasta
(03 Marks)

Dosha movement	Doshahara Chikitsa	Example
Vata → Pittasthana
Ptiia → Kapasthana
Kapha → Vatasthana

4.2 Give the reasons of Shodhanakarma are avoided in Chaya condition
(02 Marks)

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4.3 State the requirement of Vyadhi Pratyhanika Chikitsa as the principle of treatment for fourth Kriyakala
(02 Marks)

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05. Complete the stanza and explain

5.1 Srotorodha Balabhramsha..... AH. Su. 13 /23 -24
(02 Marks)

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5.2 What is the general line of treatment for Sama Dosha? (02 Marks)

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5.3 Write down Annavaha and Rasavaha Srotas Dushti Chikitsa (02 Marks)

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06.

6.1 What is Chikithsa Phala
Write down the Shloka and describe it (02 Marks)

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6.2 What are the indications of Shirovasti (02 Marks)

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6.3 Name two most important Asana with one therapeutic use for each (01 Mark)

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6.4 Brief the benefits of Pranayama (02 Marks)

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Part II - Essay Questions

1.

- 1.1 Write down Chikitsa Paryaya and Prabheda (05 Marks)
 1.2 Describe Kutipravesika Rasayana (05 Marks)
 1.3 Briefly describe Pranakamya Rasayana (05 Marks)
 1.4 Write short notes on Mudra and Bandha (05 Marks)

2.

- 2.1 Describe the procedure of Mud Bath (05 Marks)
 2.2 What are the indications of Murdha Taila (05 Marks)
 2.3 List the correlation of Mamsavaha Srotas Dushti Chikitsa with Shodhanakarma (03 Marks)
 2.4 Describe the Chikitsa Anga (07 Marks)
