



INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO
 DEGREE OF BACHELOR OF AYURVEDA MEDICINE AND SURGERY
 LEVEL III – FIRST SEMESTER EXAMINATION – MAY- JUNE 2019

EXAMINATIONS
 Institute of Indigenous Medicine
 11 JUN 2019
 University of Colombo

KC 3102 CHIKITSA MULADHARMA AND PANCHAKARMA 4 L JUN 2019

Date : 10.06.2019
 Time : 1.45pm to 4.15pm

Answer all questions

Index No

Part I - Structured Questions

1.

1.1. "Kayasya antaragne chikitsa kaya chikitsa" briefly explain the given stanza (02 Marks)

.....

කයාසයේ අන්තරාග්‍නි චිකිත්සා කයා චිකිත්සා යනු කුමක්ද?

1.2. How 'Ama' will lead to produce diseases in the body? (03 marks)

.....

1.3. Briefly describe the management difference on *Sanchaya* and *Vyakta* conditions? (02 Marks)

.....

.....

.....

.....

.....

.....

.....

2.

2.1. Briefly describe *Gandusha* (01 mark)

.....

.....

.....

.....

.....

.....

.....

2.2. Describe contraindications of Mud therapy (02 Marks)

.....

.....

.....

.....

.....

.....

2.3. Define *Snehana* (02 marks)

.....

.....

.....

.....

.....

.....

2.4. "Abhyanga Parishekashca....." complete the stanza and write down its *Chikitsa*
Muladharma (02 Marks)

.....
.....
.....
.....
.....
.....
.....

3.

3.1. Explain the procedure of preparing medicine for *Annalepa* (02 Marks)

.....
.....
.....
.....
.....
.....
.....

3.2. What are the benefits of *Abhyanga*? (03 Marks)

.....
.....
.....
.....
.....
.....
.....

3.3. Briefly describe *Medhya rasayana* (02 Marks)

.....
.....
.....
.....
.....
.....
.....

4.

4.1. Write down the different classification of *Chikitsa* (02 Marks)

.....
.....
.....
.....
.....
.....

4.2. List out four (04) *Chikitsa muladharmas* for *Mamsa dhatu vrudhi* (02 Marks)

.....
.....
.....
.....
.....
.....

4.3. What are the benefits of *Vajikarana chikitsa* (03 Marks)

.....
.....
.....
.....
.....
.....

5. If a mother gives birth to a विरूप प्रजा – *Virupa praja* (deformed child)

5.1. Identify the affected स्रोतस् (*Srotas*) (02 Marks)

.....
.....
.....
.....
.....

5.2. What are the स्रोतोदुष्टि लक्षण (*Srotodushti lakshana*) related to the above mentioned स्रोतस् (*Srotas*)? (02 Marks)

.....
.....
.....
.....
.....
.....
.....

5.3. Write down the स्रोतोदुष्टि चिकित्सा (*Srotodushti chikitsa*) indicated for that particular स्रोतस् (*Srotas*) (02 Marks)

.....
.....
.....
.....

6.

6.1. List 'Shad chakra' with one therapeutic use for each (03 Marks)

.....
.....
.....
.....
.....
.....
.....

6.1. Name three (3) 'Bandhas' with therapeutic use of each (03 Marks)

.....
.....
.....
.....
.....
.....
.....
.....

Part II – Essay Questions

1.

- 1.1. List out the types of *Keraliya panchakarma* and briefly describe two (2) therapeutic measures among them (05 Marks)
- 1.2. Explain the procedure of performing *Shirovasti* (05 Marks)
- 1.3. Describe the effectiveness of *Rasayana chikitsa* in the human body (05 Marks)
- 1.4. 'Na shodhayati yat doshan.....' complete and briefly explain the *Chikitsa muladharmas* mentioned in the above stanza (05 Marks)

2. Write short notes on

- 2.1 Treatment principals for *Sthana samsraya avasta* (05Marks)
- 2.2 Therapeutic application of *Simhasana* and *Pranayama* (05Marks)
- 2.3 Benefits of *Takradhara* (05 Marks)
- 2.4. Importance of *Langana chikitsa* (05 Marks)
