

INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO, RAJAGIRIYA
BAMS LEVEL V – SECOND SEMESTER EXAMINATION– NOVEMBER 2017
STREE ROGA AND PRASUTI TANTRA (AYURVEDA GYNAECOLOGY AND OBSTETRICS) – II
COURSE CODE – PK 5202

Date – 16.01.2018
 Time - 2 ½ hours
 9.45 a.m. – 12.15 p.m

Answer all questions.

Index No

Part I - Structured Questions

01. a. State 04 benefits could obtain by following Garbhini Paricharya (02 Marks)

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b. Fill the blanks in following table (02 Marks)

Month of pregnancy	Advised dietary regimen
1 st month	
4 th month	
6 th month	
9 th month	

c. What are Garbhopaghatakara bhava given in Ayurveda

(02 Marks)

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02. a. What is the definition of Mudha Garbha

(01 Mark)

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b. Write classification and main clinical feature of MudhaGarbha according to Susruta (02 Marks)

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c. Brief Gati or different presentations of Mudhagarbha

(03 Marks)

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03. a. Name the two type of obstetric haemorrhage (01 Mark)

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b. Define postpartum haemorrhage(PPH) (02 Marks)

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c. Write 4 main factors (categories) which lead to the PPH (02 Marks)

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d. Write 5 type of drugs/fluid used un active management of primary PPH (02 Marks)

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04. A 39 years old woman presents at her 32/40 of pregnancy in an antenatal clinic She has blood pressure of 140/100 mmHg and urine dipstick shows protein urea 3+.

a. List the hypertensive disorder in pregnancy (01 Mark)

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b. In above conditions what is the probable diagnosis ? (01 Mark)

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c. Outline the management of this women (02 Marks)

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d. If the woman does not care properly what is the worse condition she can develop (01 Mark)

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e. What is the drug of choice in above condition and write the dose and route of administration
(02 Marks)

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05. A 39 years old primigravida admitted to labour room with regular uterine contraction. She is at term(38/52)and normal pregnancy. The doctor on duty (SHO) did a examination on her and doctor recorded the following finding on her BHT
Head engaged cervix fully effaced
OS 4-5 cm membrane bulging
station vertex and 1 cm
He did a ARM, liquor was clear.

a. Define normal labour (01 Mark)

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b. What is the phase in which this mother was admitted to the labour room (01 Marks)

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c. What is the advantages of doing ARM(Artificial rupture of membrane)

(02 Marks)

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d. Nurse on duty maintain a chart to record the maternal and foetal well being. What is the chart called?
(01 Mark)

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e. List the 7 parameters recorded in the chart.

(03 Mark)

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06. A 27 year old mother is seen by the community by midwife 5 weeks after having caesarean section for failure to progress in the first stage of labour. She describe being miserable and starts to cry.

a. What is the most likely diagnosis ? (01 Mark)

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b. What other symptoms might she have? (02 Marks)

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c. How is this condition treated? (02 Marks)

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d. Name a psychiatric disorder related to pregnancy? (01 Mark)

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e. Outline the treatment that are available. (01 Mark)

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Part II - Essay Questions

01. Explain the stages of labour given in Ayurveda text and describe the management for Aparapathana.

(20 M arks)

02. A 25 years old woman in her 4th pregnancy is soon in the booking clinic at 20 weeks gestation.

Her community midwife has taken routine bloods. Her haemoglobin concentration is 7.2g/dl. How ' would you manage her pregnancy?

(20 M arks)
