

6

**INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO, RAJAGIRIYA**  
**BAMS LEVEL I – FIRST SEMESTER EXAMINATION – JULY 2016**  
**AYURVEDA MULADHARMA (FUNDAMENTALS OF AYURVEDA) - I**  
**COURSE CODE – MS 1101**

**Time: 2 ½ hours**  
**25.07.2016**  
**9.45 a.m. – 12.15 p.m**

**Answer all questions.**

**Index No**

**Part I - Structured Questions**

1. a) Write down five main physical characteristics of Pitta (02 Marks)

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.....  
.....  
.....  
.....

- b) Fill the Shloka

KatvamloshnaVidahi .....DadhiSuraShuktaranaladibhi  
.....  
BhuktejeerayatiBhojanecha .....ArdhaRatriSamaye  
..... PrakopamVrajat (04 Marks)

2. a) State one nirukti regarding Ayurveda (01 Mark)

.....  
.....

b) Complete the following slokah

(02 Marks)

Sattvamātmā śarīranca.....  
.....

c) Discuss the general actions of Kapha doṣa

(03 Marks)

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d) Explain locations of Kapha doṣa

(02 Marks)

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3. a) What is the meaning of loka puruṣa sāmāya

(02 Marks)

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.....



b) List out the similarities of universe and living body

(03 Marks)

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c) Who do the following actions? Complete chart below

(03 Marks)

	The world	Human body
Visarga		
Adāna		
vikṣepa		

4. List the Saptha Dhathu in the given table in the common order of each one getting nourished with the major function of each Dhathu

a)

(03 Marks)

	Name of the dhathu	main function
1.		
2.		
3.		
4.		
5.		
6.		
7.		

b) sveda (sweat) is the mala of .....Dhathu (01 Mark)

c) The main Pancha Mahabhuthika attributes of

Asthi Dhathu is .....

.....

(01 Mark)

Majja Dhathu is .....

.....

(01 Mark)

5. a) Write down five biological functions of Vata (03 Marks)

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b) Give 5 causes of Aggravation of Kapha Dosha (03 Marks)

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6. a) Complete the stanza below

Pakvashaya kathe.....  
.....visheshathah

(As.Su 12/1)

(03 Marks)

b) Write its meaning

(02 Marks)

.....  
.....  
.....  
.....  
.....  
.....  
.....

c) This stanza states the.....of .....dosha in  
its.....level.

(01 Mark)

## Part II – Essay Questions

1.
  - a) Name the five types of Vata Dosha upholds the body.
  - b) Write the sites and functions of one of the type mentioned above.
  - c) Write Ten symptoms of Aggravated Vata dosha.
  - d) List five treatment methods for pacifying the vitiated Vata Dosha. (5 x 4 =20 Marks)

2. Make a brief notes on

- a) Definition of Pitta
- b) Pachaka Pitta
- c) Main seats of Pitta Dosha
- d) Ten Pitta Upakrama (5 x 4 =20 Marks)

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